

# ESCONDIDO RECREATION GUIDE

## Summer 2014

June • July • August  
[recreation.escondido.org](http://recreation.escondido.org)



**PRESCHOOL • YOUTH • TEENS • ADULTS • FAMILY • AQUATICS • SPORTS**

**Creating Community through People, Parks, and Programs**



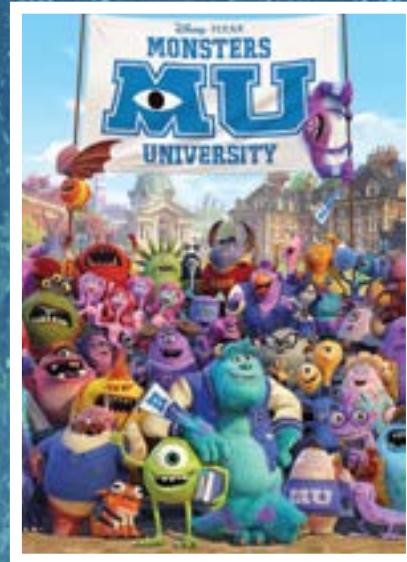
**FREE**

# SUMMER MOVIES AT GRAPE DAY PARK!

Join us for our 7<sup>th</sup> year of free family entertainment!



*Frozen (PG)*  
**Saturday, June 28**



*Monsters University (G)*  
**Saturday, July 12**



*The Lego Movie (PG)*  
**Saturday, July 26**



*Despicable Me 2 (PG)*  
**Saturday, August 9**

**Activities start at 7 pm, movie airs at dusk.**

**Children's activities & snacks available!**

Sponsored by Escondido History Center and Escondido Recreation. Families are encouraged to bring low-back lawn chairs, blankets, and flashlights. *All children must be accompanied by an adult.*

**For more information, call 760.743.8207 or visit [grapedaypark.org](http://grapedaypark.org)**



# City of Escondido Recreation Guide

## Message From the Director

Welcome to our first ever full color Recreation Guide! Escondido Recreation will help you color summer 2014 with high quality programs and memorable experiences for you and the whole family!

Looking for summer camp or fun classes for your kids and teens? Check out our Camps section with details on traditional day camps, specialty camps like Ninjaneering with Legos or Princesses & Pirates, Babysitter Training, or Counselor in Training Camp for teens. Escondido Recreation encourages keeping your kids safe around water through Learn-to-Swim classes. Check out our Aquatics section for these classes plus Water Polo, Swim Club, expanded open swim hours, and much more to keep you cool during the sizzling days of summer. Does your child prefer the arts? If so, our offerings include ukulele, dance, acting, and piano.

Summer isn't just for kids! Whether you wish to exercise your way through summer via Pilates, Zumba, or Boot Camp with a Kick, or sharpen your archery, guitar or painting skills, Escondido offers classes to keep you fit and bring out your creativity. Families that play together stay together! On page 33, Escondido Recreation offers a list of classes that the whole family can take together!

Need a place to cool down when the weather heats up? Adults 50+ will find a welcoming and social environment at the Park Avenue Community Center—Home of the Escondido Senior Center. The

Escondido Senior Center is the largest of its kind in San Diego County and boasts a billiards room, a multitude of classes including exercise, art and humanities, and a senior nutrition program.

While an active body leads to a healthy body, keeping our children's minds active is important, too. The Escondido Public Library's "Paws for Reading" Summer Reading Club has got this covered for you! Your child or teen can participate by registering and tracking the books they read while maintaining and improving their reading skills throughout the summer. Don't worry; the Library offers a summer reading program for adults, too, with the "Pause to Read" program. All ages will enjoy professional performers, engage in mind expanding activities, and experience new journeys through endless pages of the Library's vast collection of books! The Summer Reading Club is sponsored by the Friends of the Escondido Library.

The City of Escondido offers high quality programs for all ages with a friendly and educated staff who care who want you and your children to enjoy the best experience this summer! There is no better place for the price in town.

Boredom is not allowed in Escondido! Browse through the Recreation Guide and sign up today!

*Loretta McKinney*

Director of Library and Community Services

### City Council

Sam Abed, Mayor  
Olga Diaz, Deputy Mayor  
Ed Gallo  
Michael Morasco  
John Masson

### City Manager

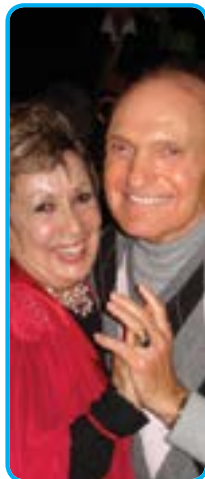
Clay Phillips

### City Treasurer

Kenneth Hugins

### Director of Library and Community Services

Loretta McKinney



## Mission Statement

Escondido Recreation enhances quality of life by providing recreational services, facilities, and parks that promote health, wellness, and safety, while fostering a strong sense of community.

### Contact Us

**Phone** 760.839.4691

**Email** [recreation@escondido.org](mailto:recreation@escondido.org)

**Web** [recreation.escondido.org](http://recreation.escondido.org)

**Office** 201 North Broadway, Escondido, CA 92025



 Follow us on Facebook: [Facebook.com/EscondidoRecreation](https://www.facebook.com/EscondidoRecreation)

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<b>EVCC</b>	East Valley Community Center 2245 East Valley Parkway	<b>ESC</b>	Escondido Sports Center 3315 Bear Valley Parkway	<b>KCP</b>	Kit Carson Park 3333 Bear Valley Parkway
<b>MCC</b>	Mathes Community Center 247 South Kalmia Street	<b>ICE</b>	Ice-Plex 555 North Tulip Street	<b>SDFC</b>	San Diego Fencing Center 1770 South Escondido Boulevard
<b>PACC</b>	Park Avenue Community Center 210 Park Avenue Home of Escondido Senior Center	<b>JSP</b>	James Stone Pool 131 Woodward Avenue	<b>DACB</b>	Don E. Anderson Community Building 120 Woodward Avenue
<b>WP</b>	Washington Park Recreation Center & Pool 501 North Rose Street	<b>OAK</b>	Oak Hill Activity Center 405 South Midway Drive	<b>EPFH</b>	Escondido Police & Fire Headquarters 1163 North Centre City Parkway
<b>DIXLK</b>	Dixon Lake 1700 La Honda Drive	<b>MVP</b>	Mountain View Park 1160 South Citrus Avenue		



**Community Services Department**

760.839.4691  
recreation.escondido.org  
recreation@escondido.org

Administrative office:  
201 North Broadway

Office Hours:  
Monday–Friday, 8 am–5 pm

Office will be closed Monday, May 27.



**East Valley Community Center**

760.839.4382  
2245 East Valley Parkway

Office Hours:  
Monday, Wednesday, Friday, 8:30 am–9 pm  
Tuesday & Thursday, 11 am–9 pm  
Saturday, 8:30 am–5 pm

The Center will be closed Monday, May 27.



**Park Avenue Community Center**

760.839.4688  
210 Park Avenue

Office Hours:  
Monday–Friday, 8 am–3 pm  
Weekend and evening hours vary.

The Center will be closed Monday, May 27.



**Escondido Sports Center**

760.839.5425  
855.ESC.4ALL  
sportscenter.escondido.org  
3315 Bear Valley Parkway

Office Hours:  
Monday–Friday, 3 pm–7 pm  
Saturday, 8 am–6 pm  
Sunday, 1 pm–6 pm

The Center will be closed Monday, May 27.

 **Follow us on Facebook!**   
[Facebook.com/EscondidoRecreation](https://www.facebook.com/EscondidoRecreation)





## Developing confident, happy, school-ready children!

Tiny Tots Preschool prepares your little one for kindergarten by encouraging exploration, academics, and positive social interaction! Designed with learning in mind, activities include arts & crafts, music, science, pre-writing/reading, math, and circle time.

Tiny Tots Preschool curriculum is designed in conjunction with California Common Core Standards. Classes are offered for children 3–5 years old.

**For more information, call 760.839.4691 or email [recreation@escondido.org](mailto:recreation@escondido.org)**



### Offered at two locations:

East Valley Community Center (EVCC)  
2245 East Valley Parkway

**Instructor: Mani Ross, Tiny Tots Preschool Teacher**

Don Anderson Community Building (DACB)  
120 Woodward Avenue

**Instructor: Kathie Lewis, Tiny Tots Preschool Teacher**

**Ages 3 & 4 • 8:30–11 am • June 16–June 26**

- Only \$60!
- Classes offered Monday/Wednesday or Tuesday/Thursday



## Great Outdoor Summer Camp

**3 weeks • Ages 4–6**

Join us for outdoor fun at Dixon Lake! This popular camp is designed especially for preschool children, ages 4–6, and will improve the campers' outdoor knowledge and skills. The session will include a ranger visit, hike, stories, games, and crafts!

**Instructor: Tiny Tots Preschool Teacher Kathie Lewis**

### Wildlife Around Us

#1160.210 F 8:30 am–12:00 pm 6/13–6/27 \$65 DIXLK

## Kamp Kindergarten

**2 weeks/2 days • Ages 4–5\*\***

Designed specifically for kids who will be attending kindergarten in Fall 2014, this mini-camp will keep your little ones on track and ready to succeed when they start kindergarten. Kamp provides endless fun, with learning centers for math skills, pre-reading, science, art, group activities, and play!

**Instructor: Mani Ross and Kathie Lewis, Tiny Tots Preschool Teachers**

#1179.210 T/Th 12:00–2:30 pm 6/17–6/26 \$45 DACB

#1179.211 T/Th 12:00–2:30 pm 6/17–6/26 \$45 EVCC

*\*\*Must be 5 years old by September 1, 2014. Proof of age must be submitted at time of registration.*



### Pee Wee Preschool

**3 weeks • Ages 15 months–36 months**

Explore the preschool classroom with your little one. Create an art project; play outside on preschool equipment—all at your own pace. Meet other parents while your child develops social skills interacting with other toddlers. Each week will include a teacher-run “circle time” with songs and a story. Parent participation is required.

**Instructor:** Session 1—Mani Ross, Tiny Tots Preschool Teacher

#1172.210 F 9:00–10:30 am 6/13–6/27 \$24 EVCC



### Princesses & Pirates Preschool Camp

**1 week • Ages 3–5**

This camp is designed for our younger LEGO® Brick lovers. Camp will incorporate letters of the day, model building, music, stories, crafts, creative free play and more! Join us for our princess & pirate themed week of fun. A daily snack and water will be provided, please indicate any food allergies upon registration.

**Instructor:** Bricks 4 Kidz Staff

#1120.200 M-F 10:00–1:00 pm 8/4–8/8 \*\*\$140 EVCC

\*\*\$15 Material fee for LEGO® kit due at first class (cash only)

### Tiny Tots Ice Skating

**8 weeks • Ages 3–5**

This class is designed for little ones who would like to try ice skating. They will learn basic skating skills through games and creative drawings on the ice. The emphasis is fun and building confidence on the ice.

**Instructor:** Ice-Plex Staff

#1405.211 F 4:45–5:15 pm \*6/6–8/1 \*\*\$85 ICE

\*No class 7/4

\*\*Includes skate rental and public skating from 3:15–5:15 pm on day of class

### Baby Wiggles ‘N Giggles

**5 weeks • Ages 6 months–24 months**

MUSICSTAR® KIDZ division has helped many families and their young children discover the true power of active music participation as it positively impacts childhood development. MUSICSTAR® Baby Wiggles ‘N Giggles explores music and interaction with music as part of the whole child development. *Parent participation is required.*

**Instructor:** MUSICSTAR® Staff

#1166.210 W 10:30–11:20 am 6/18–7/16 \*\*\$49 MCC

#1166.220 W 10:30–11:20 am 7/23–8/20 \*\*\$49 MCC

\*\*\$20 Material fee due at first class (cash only)

### Elements of Painting for Kids

**5 weeks • Ages 12 months–36 months**

Elements of Painting explores the fundamentals of visual arts and provides an opportunity for preschoolers to explore various tools and techniques that can be applied to improve their arts activities. Participants will explore the concepts of color, shapes, textures, lines, space, and more.

**Instructor:** Creative Brain Learning Staff

#1132.200 Sa 10:00–10:50 am 7/12–8/9 \*\*\$50 MCC

\*\*\$20 Material fee due at first class (cash only)

### Let’s Do Art

**5 weeks • Ages 3–5**

This curriculum for young preschoolers provides participants with the environment and tools to explore art. Students learn about shapes, colors, and the use of space. Each participant is encouraged to explore at their own individual pace using their fingers, crayons, or brushes!

**Instructor:** Creative Brain Learning Staff

#1131.200 Sa 9:00–9:50 am 7/12–8/9 \*\*\$50 MCC

\*\*\$20 Material fee due at first class (cash only)



## Pre-Ballet

7 weeks • Ages 4–5

Let your child experience the joys of dancing! These ballet classes teach poise, coordination, and classical ballet technique in a positive and imaginative atmosphere.

**Instructor:** Cindy Ahler

**Ages**

#1310.215	Th	3:45–4:30 pm	7/10–8/21	\$63	EVCC	4–5
#1310.202	Sa	9:30–10:15 am	7/12–8/23	\$63	EVCC	4–5

## Preschool Karate

5 weeks • Ages 2–5

Preschoolers will begin to learn the basic kicks, punches, blocks, and stances of karate. Karate will help in development of motor skills, balance, and coordination. Children will also be taught to make good choices, listen, and follow directions. In the advanced class, children will begin learning stances, combination moves, correct form and technique, and Katas. Uniforms are required in the advanced class.

**Instructor:** Jorge Lopez

### Beginning

#1441.210	T	10:00–10:45 am	6/24–7/22	\$65	EVCC
#1441.220	T	10:00–10:45 am	7/29–8/26	\$65	EVCC

### Advanced

#1442.220	T	10:45–11:30 am	7/29–8/26	\$65	EVCC
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## Children’s Safety Awareness

Workshop • Ages 4–12

Your child will learn stranger-safety awareness and what to do when encountered how to escape possible dangers, and how to find help. Basic safety and risk reduction techniques will be introduced and practiced. Children will have the opportunity to participate in emergency scenarios using the information gained in this workshop.

**Instructor:** Lieutenant Al Owens and Officer Mario Sainz

**Ages**

#1555.201	Sa	9:00–11:00 am	7/12	\$10	EPFH	4–8
#1555.202	Sa	9:00–11:00 am	7/19	\$10	EPFH	9–12



## Tiny Tots Tumble Time

6 weeks • Ages 2–4

Bring your little tumblers and join us for some fun play time with other toddlers. Each week we will work with different tumbling mats and different stations, such as balance beam and a monkey bar. We will work on large motor skill development and will teach your child beginning gymnastics skills, such as rolls and handstands. Boys and girls are welcome.

**Instructor:** Flip to Cheer staff

#1158.200	W	4:15–4:50 pm	7/2–8/6	\$59	PACC
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## Butterfly Movement

1 week • Ages 3–4

Students will be introduced to the wonderful world of dance in a fun atmosphere full of music and movement. Our wonderful staff will encourage each child and bring out their individual creativity through dance. This class provides a great opportunity for children to express their individuality as they learn good manners, courtesy to others as well as learning to take turns. Students who participate will be eligible to perform at community events.

**Instructor:** Flip to Cheer Staff

#1156.200	Th	4:30–5:05 pm	7/3–8/7	\$59	PACC
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## Pee Wee Play Time

**Created for experts in rolling, crawling, waddling, and trotting!  
This open gym time is just for you and your favorite explorer!**

Your child can crawl through tunnels, run through obstacles, and throw balls while enjoying music and socializing with other children. Activities and play equipment will be modified every month to provide new experiences for children’s growing young minds. All activities are parent-led and self-guided. Drop in for 30 minutes or stay for a couple of hours.

**Every Monday & Wednesday • 8:30 am–12:00 pm • Ages 0–5**

**\$3 for first child, each additional child \$1 • Location: EVCC • 760.839.4382**

**Upcoming Summer Themes:**

**Around the World • Surf Into a Tiki-riffic Summer • Journey Through the Galaxy**



**NEW!**  
**Crafty Hands**

**4 weeks • Ages 6–12**

If your child has an artistic mind or would like to learn how to look at the world with an artistic point of view, this class will help to develop those skills. We will create beautiful art projects by using handy materials that are all around us. We will be using materials such as rice, peas, nutshells, noodles, and more to create our masterpieces.

**Instructor: Elena Chirkova, Master's in Education, Bachelor's in Fashion and Design**

#1207.200 F 3:30–4:30 pm 7/11–8/1 \*\*\$49 EVCC

\*\*\$10 Material fee due at first class (cash only)

**NEW!**  
**Fun, Fast, & Done Greeting Cards Workshop • Ages 11–Adult**

In this class we will be making 12 cards for occasions throughout the year. Everything will be pre-cut and ready for you to stamp and assemble. Join us for some inspiration and creative fun!

**Instructor: Lucy Kelleher**

#1258.200 F 3:30–5:30 pm 8/1 \*\*\$30 EVCC

\*\*\$15 Material fee due at first class (cash only)

**NEW!**  
**Pre-Teen Beauty Workshop Workshop • Ages 8–11**

This hands-on workshop includes all the raw materials and the containers that we need to make lip balms, lip scrubs, and body scrubs. Each student will make their own products to take home. The workshop will cover how to take care of your skin and what products to use. We will also make cute hair accessories and learn how to apply a little makeup.

**Instructor: Michelle Jackson, professional makeup artist**

#1573.200 M 10:00–12:00 pm 7/28 \*\*\$20 EVCC

\*\*\$25 Material fee for kit due at first class (cash only)

**Youth Guitar**  
**5 weeks • Ages 7–15**

Learn to play one of the world's most popular instruments with kids your age! Perfect for beginners, this class requires no experience and students will learn to play basic chords and simple melodies in a fun environment. No guitar? No problem. Teacher approved guitars can be rented or purchased from MUSICSTAR® one week before class begins.

**Instructor: MUSICSTAR® Staff**

#1327.210 W 5:00–5:50 pm 6/18–7/16 \*\*\$49 MCC

#1327.220 W 5:00–5:50 pm 7/23–8/20 \*\*\$49 MCC

\*\*\$20 material fee for Student Pack, which includes the Course Book and DVD, due at first class (cash only)

**Creative Brain Video Game Design**

**5 weeks • Ages 7–13**

You play them now, learn how to design them! Come join us as we go through the entire process of video gaming development. Students work in teams that will design and create their own video games. Computers are provided for classroom use.

**Instructor: Creative Brain Learning**

#1272.200 T 5:00–5:50 pm 6/17–7/15 \*\*\$50 MCC

\*\*\$20 Material fee due at first class (cash only)

**Children's Safety Awareness Workshop • Ages 4–12**

Your child will learn stranger-safety awareness and what to do when encountered how to escape possible dangers, and how to find help. Basic safety and risk reduction techniques will be introduced and practiced. Children will have the opportunity to participate in emergency scenarios using the information gained in this workshop.

**Instructor: Lieutenant Al Owens and Officer Mario Sainz**

#1555.201 Sa 9:00–11:00 am 7/12 \$10 EVCC 4–8

#1555.202 Sa 9:00–11:00 am 7/19 \$10 EVCC 9–12

**NEW!**  
**Sweet Art Decorating Workshop • Ages 11–Adult**

Want to create fabulously decorated cake pops and cupcakes? In this class you'll have fun and learn the skills and tricks to master the basics of sweet art decorating. Bring your sweet tooth; you'll get to eat your yummy creations!

**Instructor: Heather Patton, bakery owner and contestant on Food Network**

#2815.210 Sa 9:00–1:00 pm 8/9 \*\*\$40 PACC

\*\*\$10 Material fee due at first class (cash only)

**Cupcakes 101 Workshop • Ages 11–Adult**

Would you like to be able to bake the perfect cupcakes? Here is your chance! Not only will we learn to bake the perfect cupcake but we will go over the basics and how to modify recipes to make dozens of flavors! Learn two stand-by icing recipes used by pros. You will also learn the basic frosting techniques to decorate your delicious treats! You will be able to take home your yummy creations and recipes to re-create them.

**Instructor: Heather Patton, Bakery owner and contestant on Food Network**

#2814.210 Sa 9:00–1:00 pm 7/12 \*\*\$40 PACC

#2814.220 Sa 9:00–1:00 pm 7/19 \*\*\$40 PACC

\*\*\$10 Material fee due at first class (cash only)





## Hula—Hawaiian Dance

9 weeks • Ages 5–Adult

Enjoy traditional Hawaiian music while learning both modern and ancient styles of hula. All levels are welcome to our luau; experience this engaging dance with your entire family.

**Instructor:** Kelly Haupu / Halau Hula O Ka’eo Owner

							Ages
#2223.201	M	5:00–6:00 pm	6/16–8/11	\$87	EVCC		5–11
#2223.202	M	6:15–7:15 pm	6/16–8/11	\$87	EVCC		12–Adult

## Intro to Fencing Camp

1 week • Ages 8–16

Learn the sport of fencing! This introductory camp will teach the difference between the three swords used in the Olympic sport of fencing. Campers will learn the basics of dueling while using strategy, conditioning, score keeping, and refereeing skills.

**Instructor:** Sergey Kobzar/San Diego Fencing Center, Master degree PE and Master of Fencing

#1417.200	M-F	9:00 – 12:00 pm	7/28-8/1	**\$65	SDFC		
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\*\*\$15 Material fee due at first class (cash only)

## Hip Hop

8 weeks • Ages 8–16

This fun, interactive, and energetic dance class teaches students hip hop rhythmic moves while they are inspired and uplifted. Students will gain confidence, strength, and knowledge in hip hop dance. All skill levels are welcome!

**Instructor:** Soul Movers, over 15 years of teaching and choreography

#1356.200	W	4:00–5:00 pm	6/18–8/6	\$79	MCC		
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## Jazz Dance Fusion

8 weeks • Ages 8–17

In this class, you will learn the foundation of jazz and contemporary dance. Class includes warm ups, across the floor movement and a dance routine. Students will gain confidence, strength, and knowledge in jazz/contemporary dance. All skill levels are welcome!

**Instructor:** Soul Movers, over 15 years of teaching and choreography

#1653.200	W	5:00–6:00 pm	6/18–8/6	\$79	MCC		
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## Pizzaz Jazz

6 weeks • Ages 5–7

This will be a fun class for the beginning dancer. Instructor will incorporate fun music as students learn the wonderful world of Jazz with Pizzazz. Jazz Dance trains the body to isolate moving one part of the body while the rest of the body stays still. Jazz dance training today also incorporates the techniques of modern and ballet.

**Instructor:** Flip-to-Cheer Staff

#1364.200	Th	5:10–5:55 pm	7/3–8/7	\$59	PACC		
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## Ballet

7/8 weeks • Ages 4–Adult

Let your child experience the joys of dancing! These ballet classes teach poise, coordination, and classical ballet technique in a positive and imaginative atmosphere.

**Instructor:** Cindy Ahler

<u>Pre Ballet</u>							Ages
#1310.215	Th	3:45–4:30 pm	7/10–8/21	\$63	EVCC		4–5
#1310.202	Sa	9:30–10:15 am	7/12–8/23	\$63	EVCC		4–5

<u>Fundamentals of Ballet</u>							Ages
#1310.201	T	3:45–4:30 pm	7/8–8/19	\$63	EVCC		5–7

<u>Beginning Ballet</u>							Ages
#1310.205	Sa	10:15–11:15 am	7/12–8/23	\$63	EVCC		6–10

<u>Ballet 1/2/3 (prerequisite Beg. Ballet)</u>							Ages
#1310.207	Sa	11:15–12:15 pm	7/12–8/23	\$63	EVCC		7–11

<u>Ballet 3/4/5</u>							Ages
#1310.206	W	4:30–5:45 pm	7/9–8/20	\$63	EVCC		**8–17

<u>Advanced Ballet</u>							Ages
#1310.212	Th	4:30–5:45 pm	7/3–8/21	\$72	EVCC		***10–Adult

<u>Pointe (concurrent enrollment in Advanced or 3/4/5 required)</u>							Ages
#1310.210	T	4:30–5:45 pm	7/1–8/19	\$72	EVCC		**10–Adult

\*\*Instructor approval required.  
\*\*\*Advanced Ballet open to adults



## Folklorico Dance (Mexican Folk Dance)

9 weeks • Ages 4–16

Beginning and intermediate students will learn about the Mexican culture through lively and enjoyable folklorico dances. The dances that will be learned represent different regions of Mexico.

**Instructor:** Maribel Robledo, Grupo Folklorico Herencia Mexicana

#1379.200	T	6:00–7:00 pm	7/1–8/26	\$55	PACC		
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### Check out these other Youth Enrichment classes!

- Youth Piano, page 16
- Beginning & Intermediate Guitar, page 16
- Let’s Fold it Up, page 29
- Hip Pic Album, page 29

## Introduction to Archery

**Workshop • Ages 8–Adult**

Come experience the power of shooting a bow for a single 2 hour class. Students will be introduced to the basics of shooting a recurve bow and various aspects of archery as a sport. Students will also participate in a fun archery game will be played during the second half of class. Safety rules and procedures will be taught and enforced. All equipment is provided.

**Instructor: Rho Desmore, Level 4–NTS Coach, ASEP Certified in Coaching Principals**

#1475.200 Sa 9:00–11:00 am 6/21 \$35 MVP

## Gymnastics Tumble Kids

**6 weeks • Ages 5–13**

Let's tumble! Our fun-filled class focuses on all aspects of tumbling. Students will learn the basics of gymnastics including somersaults, handstands, and cartwheels. We use fun mats in different shapes, floor balance beams, small trampolines, and more to help learn and improve skills. This class is great for both boys and girls, and all levels of experience are welcome!

**Instructor: Flip to Cheer staff**

#1444.200 W 5:30–6:15 pm 7/2–8/6 \$69 PACC

## Cheernastics–Pommettes

**6 weeks • Ages 8–12**

Intermediate: S-P-I-R-I-T! Enroll your future cheerleaders in this fun filled class! New students will learn all of the cheerleading basics and our returning students will continue to work on the basics of cheerleading including fun jumps, spirits, cheers, and pom dances. Students in our intermediate class will learn more advanced jumps and cheers. Students will also continue working on their gymnastics, starting at their level, with the goal of learning cartwheels, round-offs, and back walkovers when they are ready. This is a fantastic class for every future cheerleader. Students will have opportunities to perform at local events.

**Instructor: Flip to Cheer Staff**

#1448.200 W 6:20–7:05 pm 7/2–8/6 \*\*\$59 PACC

\*\*\$20 fee for pom poms (optional)

## Beginning Ice Skating

**8 weeks • Ages 6–16**

This class is designed for kids who would like to try ice skating. They will learn basic skating skills through creative games and drawings on the ice. The emphasis is to learn basic skating skills and safety while having fun!

**Instructor: Ice-Plex staff**

#1406.211 F 4:15–4:45 pm \*6/6–8/1 \*\*\$85 ICE

\*No class 7/4

\*\*Includes skate rental and public skating from 3:15–5:15 pm on day of class

## Tae Kwon Do

**12 weeks/2 days • Ages 6–Adult**

Develop physical and mental discipline, strength, endurance, and coordination. Learn the Korean martial art of Tae Kwon Do (kicks, blocks, punching), Hapkido (joint locking techniques), Yudo (throwing and grappling) and basic weapons. Become more confident and learn basic self-defense techniques. An all white martial arts uniform is required and may be purchased from the instructor for \$20.

**Instructor: Skip Leonard, Certified by WTF, City of Escondido Instructor for 20 years**

#2613.202 M/Th 5:00–6:00 pm \*6/16–9/4 \$99 MCC  
 #2613.203 M/Th 6:15–7:15 pm \*6/16–9/4 \$99 MCC  
 #2613.204 M/Th 7:30–8:30 pm \*6/16–9/4 \$99 MCC

\*No class 9/1

## Youth Tennis

**5 weeks • Ages 7–14**

Give your child the opportunity to learn a lifelong sport, develop hand-eye coordination and agility, and build self-confidence. Children will learn basic strokes in a fun and supportive group lesson. Bring tennis racquet and one can of new, unopened "extra duty" tennis balls.

**Instructor: Andre Rerolle**

### Session 1

							Ages
#1426.213	Beg.	T	8:00–9:00 am	6/17–7/15	\$45	KCP 7&8	7–10
#1426.214	Beg/Int.	T	9:00–10:00 am	6/17–7/15	\$45	KCP 7&8	11–14
#1426.215	Beg.	Th	8:00–9:00 am	6/19–7/17	\$45	KCP 7&8	7–10
#1426.216	Beg/Int.	Th	9:00–10:00 am	6/19–7/17	\$45	KCP 7&8	11–14

### Session 2

#1426.223	Beg.	T	8:00–9:00 am	7/22–8/19	\$45	KCP 7&8	7–10
#1426.224	Beg/Int.	T	9:00–10:00 am	7/22–8/19	\$45	KCP 7&8	11–14
#1426.225	Beg.	Th	8:00–9:00 am	7/24–8/21	\$45	KCP 7&8	7–10
#1426.226	Beg/Int.	Th	9:00–10:00 am	7/24–8/21	\$45	KCP 7&8	11–14

## Saturday Youth Tennis

**5 weeks • Ages 7–14**

Saturday youth tennis is here. Children will learn basic strokes, scoring, and sportsmanship in these group lessons. Tennis is a great way to keep your child physically active while learning a lifetime sport. Bring tennis racquet and one can of new, unopened "Extra Duty" tennis balls.

**Instructor: Andre Rerolle**

### Session 1

#1427.214	Sa	10:00–11:00 am	6/21–7/19	\$45	MVP 1&2
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### Session 2

#1427.224	Sa	10:00–11:00 am	7/26–8/23	\$45	MVP 1&2
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# On Track After School Programs

## Building Confidence, Self-Esteem & Friendships!

The On Track Before & After School Program provides a safe and enriching environment for the elementary children of our community. We engage children in activities and ongoing relationships that increase confidence and encourage success in all areas of their lives at home, in school, and in the community.



### Grant Funded Before and After School Program Sites:

- Conway
- Farr
- Oak Hill
- Juniper
- Rock Springs

This program is open to any 1<sup>st</sup>-5<sup>th</sup> grader and PM Kindergartner that attends these schools.

Morning: 6:30-8:00 am

Afternoon: End of School until 6:00 pm

Cost: FREE!

This program is funded by the After School Education and Safety Program through the State of California.

### Drop-In Program Sites:

- North Broadway
- Reidy Creek

This program is open to any 1<sup>st</sup>-5<sup>th</sup> grader that attends these schools.

Program begins when students are released for the day until 6:00 pm

Cost: \$10 per day



A registration form must be completed before a student can attend. Registration forms for the 2014/2015 school year will be available for NEW students at the end of May. Registration forms can be picked up at City Hall, 201 N. Broadway

For more information, please call 760-839-5483

## P.O.W.E.R. Mobile Recreation Program

Ages 6-14 • Mission Grove Park

The P.O.W.E.R. Mobile Recreation Program creates a safe outdoor environment where children can participate in creative crafts, age-appropriate games, and other fun activities in their own neighborhood, while being supervised by well-trained recreation staff.



10 am-2 pm

6/24-8/14

T, W & Th

Free



# On Track Kid's Camp

**Ages 5–11 • Washington Park**  
**501 North Rose Street**

Get ready for an action packed summer with On Track Kids Camp! The Recreation staff has been busy planning nine exciting weeks of camp! These weeks will be filled with the most outrageous games and arts & crafts that are sure to make this an unforgettable summer! Campers will enjoy cooling off by the pool and summer time special events! Each week will be topped off with our adventurous field trip to local amusement parks and attractions.



Campers will need to purchase a Camp T-shirt for an additional \$10 if they plan to attend the field trips.



**Kids camps as low as \$1.72 per hour!**

**\$25 holds your Spot!**

**Limited Scholarships Available!**

**Payment Plans Available!**

**Session 1** 6/16–6/20

#3333.201 7:00 am–6:00 pm M–F \*\$95 per Camper  
 \*6/20 Field Trip to Belmont Park (Optional)—\$25/ Field Trip

**Session 2** 6/23–6/27

#3333.202 7:00 am–6:00 pm M–F \*\$95 per Camper  
 \*6/27 Field Trip to The Wave Waterpark (Optional)—\$25/ Field Trip

**Session 3** \*\*6/30–7/3

#3333.203 7:00 am–6:00 pm M–TH \*\$85 per Camper  
 \*7/3 Field Trip to Ruben H. Fleet Science Center/ Balboa Park (Optional)—\$25/ Field Trip  
 \*\*No Camp on Friday, 7/4

**Session 4** 7/7–7/11

#3333.204 7:00 am–6:00 pm M–F \*\$95 per Camper  
 \*Go Play, Get Fit, Tidelands Park  
 \*7/11 Field Trip to Boomers (Optional)—\$40/ both field trips included

**Session 5** 7/14–7/18

#3333.205 7:00 am–6:00 pm M–F \*\$95 per Camper  
 \*7/18 Field Trip to Laser Tag / Movie Theater (Optional)—\$25/ Field Trip

**Session 6** 7/21–7/25

#3333.206 7:00 am–6:00 pm M–F \*\$95 per Camper  
 \*7/25 Field Trip to Birch Aquarium / Children's Museum (Optional)—\$25/ Field Trip

**Session 7** 7/28–8/1

#3333.207 7:00 am–6:00 pm M–F \*\$95 per Camper  
 \*8/1 Field Trip to San Diego Zoo (Optional)—\$25/ Field Trip

**Session 8** 8/4–8/8

#3333.208 7:00 am–6:00 pm M–F \*\$95 per Camper  
 \*8/8 Field Trip to Bowling/Movie Theater (Optional)—\$25/ Field Trip

**Session 9** 8/11–8/15

#3333.209 7:00 am–6:00 pm M–F \*\$95 per Camper  
 \*8/15 Field Trip to Disneyland (Optional)—\$65/ Field Trip



# Teen Camp / Counselor in Training Program

Ages 12–15 • Oak Hill Activity Center • 405 South Midway Drive



## Teen Camp

Escondido Recreation will be offering our first ever camp just for teens! This is going to be an action packed summer filled with crazy games, competitions, team building activities, community service projects and much more! Weekly will include trips to the beach, mall, pool and many others! Teens will learn to utilize public transportation in a supervised environment to navigate their way to each destination. Regional North County Transit District passes will be included in the weekly camp registration fee.

Optional field trips will be available for the teen camp participants at an additional cost.

## Counselor in Training Program

The Counselor in Training program will still be available for teens interested in learning what it takes to be a Recreation Leader with the On Track Kid's Camp! This program is going to have a selection process including an interview panel to choose the Counselor in Training participants. The chosen teens will have the unique opportunity to learn essential job skills by volunteering in the On Track Kid's Camp and shadowing the camp staff members. This unique experience not only provides teens with an opportunity to complete community service hours but can inspire youth to become a Recreation Leader for their first part-time job!

**C.I.T.**  
Counselor In Training

Counselor in Training applicants must be registered for Teen Camp to be considered for this program.

### Session 1 6/16–6/20

#3309.201 8:00 am–5:00 pm M–F \*\$105 per Camper  
\*6/20 Field Trip to Belmont Park (Optional)—\$25/Field Trip

### Session 2 6/23–6/27

#3309.202 8:00 am–5:00 pm M–F \*\$105 per Camper  
\*6/27 Field Trip to The Wave Waterpark (Optional)—\$25/Field Trip

### Session 3 \*\*6/30–7/3

#3309.203 8:00 am–5:00 pm M–TH \*\$95 per Camper  
\*7/3 Field Trip to Ruben H. Fleet Science Center/ Balboa Park (Optional)—\$25/ Field Trip  
\*\*No Camp on Friday, 7/4

### Session 4 7/7–7/11

#3309.204 8:00 am–5:00 pm M–F \*\$105 per Camper  
\*7/11 Field Trip to Boomers (Optional)—\$25/Field Trips

### Session 5 7/14–7/18

#3309.205 8:00 am–5:00 pm M–F \*\$105 per Camper  
\*7/18 Field Trip to Laser Tag / Movie Theater (Optional)—\$25/Field Trip

### Session 6 7/21–7/25

#3309.206 8:00 am–5:00 pm M–F \*\$105 per Camper  
\*7/25 Field Trip to Birch Aquarium / Children's Museum (Optional)—\$25/Field Trip

### Session 7 7/28–8/1

#3309.207 8:00 am–5:00 pm M–F \*\$105 per Camper  
\*8/1 Field Trip to San Diego Zoo (Optional)—\$25/Field Trip

### Session 8 8/4–8/8

#3309.208 8:00 am–5:00 pm M–F \*\$105 per Camper  
\*8/8 Field Trip to Bowling/Movie Theater (Optional)—\$25/Field Trip

### Session 9 8/11–8/15

#3309.209 8:00 am–5:00 pm M–F \*\$105 per Camper  
\*8/15 Field Trip to Disneyland (Optional)—\$65/Field Trip





**NEW!** **Princesses & Pirates  
Preschool LEGO® Camp**

**1 week • Ages 3–5**

This camp is designed for our younger LEGO® Brick lovers. Camp will incorporate letters of the day, model building, music, stories, crafts, creative free play and more! Join us for our princess & pirate themed week of fun. A daily snack and water will be provided, please indicate any food allergies upon registration. Please provide lunch each day.

**Instructor: Bricks 4 Kidz Staff**

#1120.200 M-F 10:00–1:00 pm 8/4–8/8 \*\*\$140 EVCC

\*\*\$15 Material fee for LEGO® kit due at first class (cash only)

**Jedi Engineering using LEGO®**

**1 week • Ages 5–6**

Young Jedi will explore worlds far, far away with engineering principles right in front of them. Defeat the Empire by designing and refining LEGO® X-Wings, R2–units, and Settlements on far-flung edges of the galaxy. Imagination and engineering combine to create motorized and architectural projects such as energy catapults, shield generators, and defense turrets.

**Instructor: Play-Well TEKologies, Teaching LEGO® programs since 1997**

#1593.201 M-F 9:00–12:00 pm 7/21–7/25 \$220 EVCC

**NEW!** **Ninjaneering Using LEGO®**

**1 week • Ages 5–6**

Enter the world of Ninjago and become an apprentice Ninjaneer! Learn the way of Spinjitzu, build the Fire Temple, race Skull Trucks, and encounter the mighty Dragon! Imagine and build unique and fun LEGO projects with the guidance of an experienced Play-Well instructor while exploring the fantasy world of Ninjago. This is an ideal way to prepare young Ninjaneers for the challenge of Ninjaneering Masters with LEGO camp.

**Instructor: Play-Well TEKologies, Teaching LEGO® programs since 1997**

#1594.201 M-F 9:00–12:00 pm 6/23–6/27 \$220 EVCC

**NEW!** **Angry Birdies & Bad Piglets Camp**

**1 week • Ages 5–12**

Enter the world of Angry Birds® and Bad Piggies® the Bricks 4 Kidz way! Campers will be challenged to physically build and destroy a level from the popular game of Angry Birds®. Set your birds to fly by launching them on catapults and slingshots to destroy the pigs. Build a working launcher using LEGO® Bricks and build using B4K proprietary model kits.

**Instructor: Bricks 4 Kidz Staff**

#1752.201 M-F 12:00–4:00 pm 7/7–7/11 \$140 EVCC

**NEW!** **Mining & Crafting Camp**

**1 week • Ages 5–15**

Minecraft® is a popular game all about placing blocks to build anything you can imagine. Campers will be challenged to bring their virtual designs to life by building mob figures and custom models, incorporating LEGO® Bricks. Are you ready for the challenge?

**Instructor: Bricks 4 Kidz Staff**

#1752.202 M-F 1:00–4:00 pm 7/28–8/1 \$140 EVCC

**Creative Theatre Camp**

**1 week • Ages 6–11**

...And ACTION! This class will teach and play with theories of improvisational acting (through fun games) as well as writing (students will create their own characters and help create an original play). The students also learn basic set design as they construct and paint their own sets. The workshop will conclude with a performance of their original play for family and friends (typically at noon on Friday).

**Instructor: Lara Seltzer, professional actor, director, and writer for over 20 years. Lives in LA, working on major TV shows, movies, and live theater**

#1301.200 M-F 9:00–3:00 pm 6/16–6/20 \*\*\$140 EVCC

\*\*\$7 Material fee due at first class (cash only)



**Jedi Master Engineering Using LEGO®****1 week • Ages 7–12**

The Force is strong in this class. Build complex machines and structures based on the best designs from a galaxy far, far away. Projects include LEGO® X-Wings, AT-AT Walkers, Pod Racers, Star Destroyers, Cloud Cities, Settlements, and Fortresses. We will reinforce key engineering concepts such as gear trains, worm drives, pneumatics, eccentric motion, and more as students tap into the powerful forces of imagination and engineering.

**Instructor: Play-Well TEKologies, Teaching LEGO® programs since 1997**

#1593.202 M-F 1:00–4:00 pm 7/21–7/25 \$220 EVCC

**Ninjaneering Masters Using LEGO®****1 week Ages • 7–12**

Master the world of Ninjago by becoming a Ninjaneer! Tame the Ice Dragon, motorize your Blade Cycle, design the Dark Fortress, and hone your Spinjitzu battle skills! In this advanced LEGO camp, Ninjaneering masters will learn real world concepts in physics, engineering, and architecture while exploring the fantasy world of Ninjago.

**Instructor: Play-Well TEKologies, Teaching LEGO® programs since 1997**

#1594.202 M-F 1:00–4:00 pm 6/23–6/27 \$220 EVCC

**Stop Motion Animation Camp Using LEGO®****1 week • Ages 7–13**

Movieworkz offers a unique opportunity to explore stop motion animation production using LEGO® blocks and other mediums. Students will learn about image capturing, video recording techniques, and more. This program offers amazing opportunities for hands-on creative and artistic expression. Cameras and computers are provided in class.

**Instructor: Creative Brain Learning Staff**

#1250.200 M-F 9:00–12:00 pm 7/14–7/18 \*\*\$129 EVCC

\*\*\$25 Material fee due at first class (cash only)

**Music Media Arts Camp****1 week • Ages 7–13**

MUSICSTAR® Music Media Arts Camp includes a great exploration of the “cool” world of high-tech media arts. Campers will be focusing in contemporary music production, recording arts and sciences, as well as audio-visual production, and the marriage of picture and sound. Bring your appetite for technology and learn about some of today’s most exciting careers.

**Instructor: MUSICSTAR® Staff**

#1755.200 M-F 9:00–12:00 pm 7/7–7/11 \*\*\$129 EVCC

\*\*\$25 Material fee due at first class (cash only)

**Techworkz Robotics Camp****1 week • Ages 7–13**

This camp offers an in-depth exploration of robotics engineering, creativity, and innovation. Working in teams of students, participants will design robots and program them to perform specific tasks. Students will also continue with take home projects.

**Instructor: Creative Brain Learning Staff**

#1756.200 M-F 1:30–4:30 pm 8/4–8/8 \*\*\$129 EVCC

\*\*\$35 Material fee for Robotic kit due at first class (cash only)

**Scienceworkz Camp****1 week • Ages 7–13**

Creative Brain’s Scienceworkz offers an exciting exploration of the world of science, making stops at eco-science, alternative energy, chemistry, aviation, and more! Discover the fundamentals of science. Campers receive cool materials to continue their discovery at home.

**Instructor: Creative Brain Learning Staff**

#1554.200 M-F 9:00–12:00 pm 8/11–8/15 \*\*\$129 EVCC

\*\*\$40 Material fee due at first class (cash only)

**My Cool Kid Cooks! Summer Camp****1 week • Ages 7–13**

Cooking is the perfect way for kids to learn to share responsibilities, communicate with others, and practice creativity. This hands-on cooking camp is great for building self-esteem and an appreciation for good food, safety practices, and healthy cooking. All campers will create their own keepsake recipe booklet and receive certification from the My Cool Kid Cooks Academy, a chef’s hat, and apron upon graduation. All food prepared during camp will be eaten by students. Please indicate any food allergies upon registration

**Instructor: Chef Pharrell Worthylake, Professional Chef**

#1531.200 M-F 10:00–1:00 pm 7/14–7/18 \*\*\$185 EVCC

\*\*\$25 Material fee due at first class (cash only)

**Babysitter’s Training Camp****1 week • Ages 11–15**

This is an excellent and fast paced camp for teens that are ready for the job of babysitting. Students will learn how to get started in the “business of babysitting”, how to supervise children and infants, how to perform basic child care skills such as diapering and feeding, how to choose safe, age-appropriate games and toys, among other babysitting staples and tips. Bring a doll or stuffed animal to class as well as a snack. **Students will receive a certification in Pediatric CPR, First Aid, and Babysitter’s Training from the American Red Cross. Students will also receive a participant book.**

**Instructor: Blythe Paley, Red Cross Certified**

#1605.200 M-F 9:00–12:00 pm 6/23–6/27 \*\*\$150 EVCC

\*\*\$40 Material fee for certifications and materials due at first class (cash only)



## Babysitter's Training

**2 days • Ages 11–17**

The American Red Cross created this course to prepare babysitters for this important job. Components include a guide to leadership, the business aspect of babysitting, and how to keep yourself and the children safe while on the job. Participants will learn about child development, encouraging positive behavior, and discipline techniques. Know how to handle all the essentials of basic child care, and if an emergency occurs, be ready with basic first aid training; including how to deal with breathing emergencies and an introduction to CPR skills. Students will receive a participants book and certification card.

**Instructor: Blythe Paley, Red Cross Certified**

#1604.200 M/T 1:00–4:00 pm 6/30–7/1 \*\*\$48 EVCC

\*\*\$17 material fee due at first class (cash only)



## Jazz Dance Fusion

**8 weeks • Ages 8–17**

In this class, you will learn the foundation of jazz and contemporary dance. Class includes warm ups, across the floor movement and a dance routine. Students will gain confidence, strength, and knowledge in jazz/contemporary dance. All skill levels are welcome!

**Instructor: Toyka Whitley, Over 15 years of teaching and choreography**

#1653.200 W 5:00–6:00 pm 6/18–8/6 \$79 MCC

## Makeup 101

**Workshop • Ages 16–Adult**

In this hands-on workshop, you will learn step-by-step makeup application techniques that will enhance your beauty. Learn the best way to treat rosacea, acne, age spots, and dark under-eye circles, and skin discoloration. Understand your skin types and how to ensure beautiful clear skin. Learn your skin type and what skin care products to use. Discover what to use for those pesky fine lines and wrinkles. Whether you are a stay at home mom, student in school, or a working professional, you will leave confident and ready to put your “best face forward!”

**Instructor: Michelle Jackson, Certified Makeup Artist and Medical Esthetician**

#2188.200 Sa 9:00–11:30 am 7/12 \*\*\$59 EVCC

\*\*\$30 Material fee due at first class (cash only)

## Beginning Guitar

**8 weeks • Ages 11–17**

This is an excellent class for you to learn how to play the guitar from the beginning. You will learn how to play the guitar & read music. Guitar is a valuable skill that you can enjoy forever. Please bring acoustic guitar. If you do not have one, please contact the Ubiquitous Music ahead of time to arrange purchase or rental 760.889.2137.

**Instructor: Chris Soto, Ubiquitous Music**

#1055.200 M 3:45–4:45 pm 6/23–8/11 \*\*\$75 EVCC

\*\*\$8 Material Fee due at first class (cash only)

## Intermediate Guitar

**8 weeks • Ages 11–17**

Students will learn chords and rhythms to play their favorite songs. No musical experience is necessary. Five to six classic and contemporary songs will be learned plus more that are suggested by students. Please bring acoustic guitar.

**Instructor: Jeremiah Brewer, Ubiquitous Music**

#2248.200 M 5:00–6:00 pm 6/23–8/11 \*\*\$75 EVCC

\*\*\$8 Material fee due at first class (cash only)

## Youth Piano

**9 weeks • Ages 10–17**

Join us as we learn to play the piano. We'll learn the basics of piano and be playing songs in a few short weeks.

**Instructor: Marsi Carr, Music & Theater professional with over 20 years teaching & performance experience**

#1557.200 W 12:00–1:00 pm 6/18–8/13 \*\*\$89 EVCC

\*\*\$10 material fee due at first class (cash only); bring your own keyboard—rentals available, contact marsi@carrfamily.com

## Youth Acting

**9 weeks • Ages 10–17**

We'll learn the craft of acting: blocking, projecting, cold reading, how to work with props, how to express emotions with honesty, and much more. Come join us!

**Instructor: Marsi Carr, Over 20 years teaching and performing experience. UCLA Theatre and Music graduate**

#1606.200 Th 3:00–4:00 pm 6/19–8/14 \*\*\$89 EVCC

\*\*\$10 Material Fee due at first class (cash only)

## Advanced Improvisation for Actors

**Workshop • Ages 13–17**

This one day intensive workshop for actors focuses on honing the advanced skills of the actors. This workshop will incorporate both scene study and improvisation, as well as give students audition pointers and practice.

**Instructor: Lara Seltzer, professional actor, director, and writer for over 20 years.**

#1343.200 Sa 9:00–3:00 pm 6/21 \*\*\$60 EVCC

\*\*\$2 Material fee due at first class (cash only)





## Escondido Summer Aquatics

### Fun in the Water for all Ages!

Enjoy Escondido Summer Aquatics at Our Two Locations:

**James A. Stone Pool**

131 West Woodward Avenue  
760.839.4810

**Washington Park Pool**

501 North Rose Street  
760.839.4660

### Open Swim Program

Our Open Swim program is designed for recreational swimmers of all ages and abilities! Children under eight years must be accompanied by an adult at all times on the deck, in locker room, and in the pool. Children who are not toilet trained must wear vinyl pants or a swim diaper. Diapers are sold at the pool for \$2.

**Entry fee: \$3 per person**

**Washington Park Pool**

June 14–August 16

Monday–Thursday	1–3 pm
Friday	1–4 pm
Saturday	2–6 pm
Sunday	12–4 pm

**James Stone Pool**

June 20–August 16

Friday	3–7 pm
Sunday	12–4 pm

### Group Reservations

Open swim is available Monday through Friday at both locations for large groups that reserve in advance. This is the perfect opportunity for large groups to stay cool during hot summer months. Call 760.839.4204 to make reservations.

### Pool Parties

**James Stone & Washington Park Pools**

Host a fun and safe party this summer—stay cool at the pool when you celebrate your special event with us! We provide the lifeguards and you bring the party!

**Birthday Party Packages**

Upgrade your pool party by adding on a birthday package! We provide pizza, cake, and decorations along with a lifeguarded pool! Upgrade fee based on party attendance.

Call 760.839.4204 for more information and availability.



### FREE Splashball Fun Day!

Are you interested in Splashball, but not sure if your child will like it? Join us for this chance to learn about the sport while having fun in the pool.

**When: Saturday, June 14**

**Where: James Stone Pool**

**Ages 5–6 • 1:00–2:00 pm**

**Ages 7–9 • 2:00–3:00 pm**

**Call 760.839.4382 to register in advance.**

## Splashball

### Ages 5–9

Designed for kids ages 5–9, Splashball will provide the novice player with all the FUNdamentals of water polo while developing the essentials of teamwork and sportsmanship. Splashball also helps to create a water safe child in a fun setting, effortlessly learning swimming and water safety principles as part of the Splashball coaching technique. This program is open to kids of all swimming abilities.

Participants are required to hold a valid USA Water Polo Membership. Memberships are \$35 and can be obtained at [www.splashballusa.org](http://www.splashballusa.org).

### Ages 5 & 6

#### Session 1

4153.211	M/W	1:00–1:50 pm	6/16–7/9	\$72	JS
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#### Session 2

4153.212	M/W	1:00–1:50 pm	7/14–8/6	\$72	JS
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### Ages 7–9

#### Session 1

4153.221	M/W	2:00–2:50 pm	6/16–7/9	\$72	JS
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#### Session 2

4153.222	M/W	2:00–2:50 pm	7/14–8/6	\$72	JS
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## Ace Riptides Competitive Water Polo Club



### Ages 18 years & Under

The Aquatic Club of Escondido is gaining recognition with their Riptides Water Polo Club. The club is comprised of some of the top water polo players, not only in Escondido but all of North County! Stay in shape and improve your game all year long!

**Instructor: Certified USA Water Polo Coach**

#### Boys 18U

4155.210	M/W	8:00–9:30 pm	6/4–8/6	\$325	WP
	Sa	10:00–12:00 pm			
CHAWP Hale Tournament					

#### Boys 16U

4155.220	M/W	8:00–9:30 pm	6/4–8/6	\$325	WP
	Sa	10:00–12:00 pm			
Cal State Games Tournament					

#### Girls 18U

4157.210	T/Th	8:00–9:30 pm	6/5–8/6	\$325	WP
	Sa	12:00–2:00 pm			
CHAWP Hale Tournament					

#### Girls 16U

4157.220	T/Th	8:00–9:30 pm	6/5–8/6	\$325	WP
	Sa	12:00–2:00 pm			
Cal State Games Tournament					

#### Coed 14U (Formerly Grommets)

4150.210	M/W	7:30–9:00 pm	6/2–8/6	\$200	JS
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*\*\*Players must be registered with USA Water Polo. Memberships can be obtained at [www.usawaterpolo.org](http://www.usawaterpolo.org).*







### Ace Makos Swim Club

**Swim Club fees as low as \$60 per month!**

The club aims to embrace not only the elite swimmer but the novice swimmer as well. This is an excellent way to improve swimming techniques, get fit, and make new friends in a team environment. Don't miss out on the opportunity to be a part of the fastest-growing swim club in North County! Swimmers must be able to swim 25 yards independently.



The club is year round; seasonal swimmers are welcome!

**Long Course Season: March–August**

**Short Course Season: September–March**

Stop by Washington Park Pool Monday-Friday between 6:00 and 8:00 pm to be placed!

*\*Swimmers must have a waiver signed by a parent/guardian prior to entering the water.*

### Summer Swim League

Looking to be on a competitive swim team this summer? Come spend the summer getting in shape and making new friends at the pool!



The Aquatic Club of Escondido recognizes that children and teens who participate in a variety of sports and extracurricular activities have busy schedules during the school year. That is why ACE Makos have started the Summer Swim League.

#### Novice • \$225

T/Th	6:00–7:30 pm	6/16–8/15
Sa	8:30–10:00 am	

#### Junior • \$250

M-F	6:00–8:00 pm	6/16–8/15
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#### Senior • \$275

M-F	6:00–8:00 pm	6/16–8/15
Sa	8:30–10:00 am	

*\*Swimmers must have a waiver signed by a parent/guardian prior to entering the water.*

*\*\*Swimmers must have a valid USA Swim card prior to enrolling. Seasonal swim cards are an additional \$37 and are available through the San Diego/Imperial swimming office.*

### SCUBA Classes

**Prepare yourself for underwater exploration!**

**Programs for all ages from 8 years–Adult**

Escondido Recreation is excited to bring a new and expanded schedule of SCUBA classes to the aquatics community. Courses will include traditional youth classes like the ever popular Bubblemaker and Seal Team Programs as well as new courses for adults such as PADI Open Water Diver Certification. All classes will be taught by Certified PADI Instructors.

These exciting new opportunities will be unveiled on Monday, June 2 at [www.aquatics.escondido.org](http://www.aquatics.escondido.org) or by contacting the aquatics staff at 760.839.4204.





## Learn-to-Swim Program for all Ages

- Certified Instructors
- Day & Evening Classes
- Scholarships Available

### Summer Schedule Options

#### 2 Week Sessions/ M-Th

- Session 1: June 2–June 12
- Session 2: June 16–June 26
- Session 3: June 30–July 10
- Session 4: July 14–July 24
- Session 5: July 28–August 7
- Session 6: August 11–August 21

#### 5 Week Sessions/Saturday

- Session 1: \*June 14–July 19
- Session 2: July 26–August 23
- \*No class 7/5*

## Me & My Shadow—Parent/Child

### Ages 6 months–3 years

This class is offered for two age groups and designed to develop a high comfort level in and around water. Emphasis is on water adjustment, swimming readiness skills, fun and enjoyment in the water. A high level of parent participation is required. Children still in diapers or toilet training must wear vinyl swim pants or a swim diaper. Diapers are sold at the pool for \$2.

**2 weeks/M–Th • \$54**

#### Ages 6 months–18 months

**Session 2** June 16–June 26  
4200.221 4:55–5:35 pm JS

**Session 3** June 30–July 10  
4200.231 10:20–11:00 am JS  
4200.232 4:05–4:45 pm JS

**Session 4** July 14–July 24  
4200.241 5:45–6:25 pm JS

**Session 5** July 28–August 7  
4200.251 10:20–11:00 am JS

### Ages 18 months–3 years

**Session 1** June 2–June 12  
4200.211 4:05–4:45 pm JS

**Session 2** June 16–June 26  
4200.222 11:10–11:50 am JS

**Session 3** June 30–July 10  
4200.233 4:55–5:35 pm WP

**Session 4** July 14–July 24  
4200.242 10:20–11:00 am JS

**Session 5** July 28–August 7  
4200.252 5:45–6:25 pm JS

**5 weeks/Saturday • \$44**

#### Ages 6 months–3 years

**Session 1** \*June 14–July 19  
4200.281 9:00–9:40 am JS  
4200.282 10:40–11:20 am JS

*\*No class 7/5*

**Session 2** July 26–August 23  
4200.291 9:00–9:40 am JS  
4200.292 10:40–11:20 am JS

## One-on-One Swim Instruction

**All Ages • \$120—four 30-min lessons**

Learn to swim, progress from current level, or improve specific techniques with personalized swim lessons. Tailored to meet your needs, with one instructor to one student.

For availability and registration, call 760.839.4204.



## Grunion 1

**Ages 3 & 4 years**

This class is held in the wading pool for preschool-aged children to promote water exploration and comfort in the water. Skills include water entry and exit, breath control, supported front glides and back floats, and safety through fun and games.



**2 weeks/M–Th • \$54**

**Session 1** June 2–June 12

4210.211	3:15–3:55 pm	JS
4210.212	4:05–4:45 pm	JS
4210.213	4:55–5:35 pm	JS
4210.214	5:45–6:25 pm	JS

**Session 2** June 16–June 26

4210.221	10:20–11:00 am	JS
4210.222	11:10–11:50 am	JS
4210.223	3:15–3:55 pm	JS
4210.224	4:05–4:45 pm	WP
4210.225	4:55–5:35 pm	JS

**Session 3** June 30–July 10

4210.231	9:30–10:10 am	JS
4210.232	10:20–11:00 am	WP
4210.233	11:10–11:50 am	JS
4210.234	3:15–3:55 pm	WP
4210.235	4:05–4:45 pm	JS
4210.236	4:55–5:35 pm	WP
4210.237	5:45–6:25 pm	JS

**Session 4** July 14–July 24

4210.241	10:20–11:00 am	JS
4210.242	11:10–11:50 am	WP
4210.243	3:15–3:55 pm	JS
4210.244	4:05–4:45 pm	WP
4210.245	5:45–6:25 pm	JS

**Session 5** July 28–August 7

4210.251	10:20–11:00 am	JS
4210.252	11:10–11:50 am	JS
4210.253	11:10–11:50 am	WP
4210.254	3:15–3:55 pm	WP
4210.255	4:05–4:45 pm	WP
4210.256	5:45–6:25 pm	JS

**Session 6** August 11–August 21

4210.261	4:55–5:35 pm	JS
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**5 weeks/Saturday • \$44**

**Session 1** \*June 14–July 19

4210.281	9:00–9:40 am	JS
4210.282	10:40–11:20 am	JS

\*No class 7/5

**Session 2** July 26–August 23

4210.291	9:00–9:40 am	JS
4210.292	10:40–11:20 am	JS

## Grunion 2

**Ages 3 & 4 years**

This class is held in the shallow end of the big pool for preschool-aged children who have successfully completed Grunion 1 or are very comfortable in the water. The focus is to move comfortable through the water, execute supported front/back glides and floats, and swim using combined arm and leg actions with support.



**2 weeks/M–Th • \$54**

**Session 1** June 2–June 12

4220.211	4:55–5:35 pm	JS
4220.212	5:45–6:25 pm	JS

**Session 2** June 16–June 26

4220.221	9:30–10:10 am	JS
4220.222	10:20–11:00 am	WP
4220.223	3:15–3:55 pm	WP
4220.224	4:05–4:45 pm	JS
4220.225	4:55–5:35 pm	JS

**Session 3** June 30–July 10

4220.231	9:30–10:10 am	WP
4220.232	11:10–11:50 am	JS
4220.233	3:15–3:55 pm	JS
4220.234	3:15–3:55 pm	WP
4220.235	4:05–4:45 pm	WP
4220.236	5:45–6:25 pm	JS

**Session 4** July 14–July 24

4220.241	10:20–11:00 am	WP
4220.242	11:10–11:50 am	JS
4220.243	3:15–3:55 pm	WP
4220.244	4:05–4:45 pm	JS
4220.245	4:55–5:35 pm	WP
4220.246	6:35–7:15 pm	JS

**Session 5** July 28–August 7

4220.251	9:30–10:10 am	JS
4220.252	10:20–11:00 am	WP
4220.253	3:15–3:55 pm	JS
4220.254	4:55–5:35 pm	JS
4220.255	4:55–5:35 pm	WP

**Session 6** August 11–August 21

4220.261	3:15–3:55 pm	JS
4220.262	5:45–6:25 pm	JS

**5 weeks/Saturday • \$44**

**Session 1** \*June 14–July 19

4220.281	9:00–9:40 am	JS
4220.282	10:40–11:20 am	JS

\*No class 7/5

**Session 2** July 26–August 23

4220.291	9:00–9:40 am	JS
4220.292	10:40–11:20 am	JS

## Jellyfish

**Ages 3 & 4 years**

This class builds on the skills taught in Grunion 1 and 2 providing additional guided practice with increased distances and times. Participants will focus on breath control, unassisted front/back floats and glides, recovery from floats/ glides, and elementary coordination of front crawl. Upon successful completion, child will be placed in appropriate Learn-to-Swim level.



**2 weeks/M–Th • \$54**

**Session 1** **June 2–June 12**

4225.211 5:45–6:25 pm JS

**Session 2** **June 16–June 26**

4225.221 11:10–11:50 am WP

4225.222 3:15–3:55 pm JS

4225.223 5:45–6:25 pm JS

**Session 3** **June 30–July 10**

4225.231 11:10–11:50 am JS

4225.232 4:55–5:35 pm JS

**Session 4** **July 14–July 24**

4225.241 11:10–11:50 am WP

4225.242 4:05–4:45 pm WP

4225.243 4:55–5:35 pm JS

4225.244 6:35–7:15 pm JS

**Session 5** **July 28–August 7**

4225.251 11:10–11:50 am JS

4225.252 4:05–4:45 pm JS

4225.253 4:55–5:35 pm JS

4225.254 6:35–7:15 pm JS

**Session 6** **August 11–August 21**

4225.261 3:15–3:55 pm JS

4225.262 4:05–4:45 pm JS

**5 weeks/Saturday • \$44**

**Session 1** **\*June 14–July 19**

4225.281 9:50–10:30 am JS

*\*No class 7/5*

**Session 2** **June 26–August 23**

4225.291 9:50–10:30 am JS

## Duck

**Ages 5–16**

Level 1 of the Learn-to-Swim program is for children with little or no swimming experience. The main focus is to move comfortably through water, fully submerge face in the water, execute supported front glides and back floats.



**2 weeks/M–Th • \$54**

**Session 1** **June 2–June 12**

4230.211 3:15–3:55 pm JS

4230.212 4:05–4:45 pm JS

4230.213 5:45–6:25 pm JS

4230.214 6:35–7:15 pm JS

**Session 2** **June 16–June 26**

4230.221 9:30–10:10 am JS

4230.222 10:20–11:00 am JS

4230.223 11:10–11:50 am WP

4230.224 3:15–3:55 pm JS

4230.225 3:15–3:55 pm WP

4230.226 4:05–4:45 pm JS

4230.227 4:05–4:45 pm WP

4230.228 4:55–5:35 pm WP

4230.229 6:35–7:15 pm JS

**Session 3** **June 30–July 10**

4230.231 9:30–10:10 am JS

4230.232 10:20–11:00 am JS

4230.233 10:20–11:00 am WP

4230.234 11:10–11:50 am WP

4230.235 3:15–3:55 pm JS

4230.236 4:05–4:45 pm JS

4230.237 4:05–4:45 pm WP

4230.238 4:55–5:35 pm JS

4230.239 6:35–7:15 pm JS

**Session 4** **July 14–July 24**

4230.241 9:30–10:10 am JS

4230.242 9:30–10:10 am WP

4230.243 10:20–11:00 am JS

4230.244 11:10–11:50 am WP

4230.245 3:15–3:55 pm WP

4230.246 4:05–4:45 pm JS

4230.247 4:55–5:35 pm JS

4230.248 4:55–5:35 pm JS

**Session 5** **July 28–August 7**

4230.251 9:30–10:10 am JS

4230.252 10:20–11:00 am JS

4230.253 10:20–11:00 am WP

4230.254 11:10–11:50 am JS

4230.255 11:10–11:50 am WP

4230.256 3:15–3:55 pm JS

4230.257 3:15–3:55 pm WP

4230.258 4:05–4:45 pm JS

4230.259 4:55–5:35 pm WP

**Session 6** **August 11–August 21**

4230.261 4:05–4:45 pm JS

4230.262 4:55–5:35 pm JS

4230.263 5:45–6:25 pm JS

**5 weeks/Saturday • \$44**

**Session 1** **\*June 14–July 19**

4230.281 9:00–9:40 am JS

4230.282 9:50–10:30 am JS

4230.283 11:30–12:10 pm JS

*\*No class 7/5*

**Session 2** **July 26–August 23**

4230.291 9:00–9:40 am JS

4230.292 9:50–10:30 am JS

4230.293 11:30–12:10 pm JS



## Dolphin

**Ages 5–16 years**

**(Or must have successfully completed jellyfish)**



Level 2 is for children who have successfully completed the skills of Level 1. This level focuses on fundamental aquatic skills ranging from breath control, unassisted front/back floats and glides, to elementary coordination of front crawl.

**2 weeks/M–Th • \$54**

**Session 1** **June 2–June 12**

4232.211	3:15–3:55 pm	JS
4232.212	4:55–5:35 pm	JS
4232.213	6:35–7:15 pm	JS

**Session 2** **June 16–June 26**

4232.221	9:30–10:10 am	JS
4232.222	10:20–11:00 am	WP
4232.223	3:15–3:55 pm	WP
4232.224	4:05–4:45 pm	JS
4232.225	4:05–4:45 pm	WP
4232.226	4:55–5:35 pm	JS
4232.227	4:55–5:35 pm	WP
4232.228	5:45–6:25 pm	JS

**Session 3** **June 30–July 10**

4232.231	9:30–10:10 am	JS
4232.232	10:20–11:00 am	JS
4232.233	11:10–11:50 am	WP
4232.234	3:15–3:55 pm	JS
4232.235	3:15–3:55 pm	WP
4232.236	4:05–4:45 pm	JS
4232.237	4:05–4:55 pm	WP
4232.238	4:55–5:35 pm	JS
4232.239	6:35–7:15 pm	JS

**Session 4** **July 14–July 24**

4232.241	10:20–11:00 am	WP
4232.242	11:10–11:50 am	JS
4232.243	11:10–11:50 am	WP
4232.244	3:15–3:55 pm	JS
4232.245	3:15–3:55 pm	WP
4232.246	4:05–4:45 pm	WP
4232.247	4:55–5:35 pm	JS
4232.248	4:55–5:35 pm	WP
4232.249	5:45–6:25 pm	JS

**Session 5** **July 28–August 7**

4232.251	9:30–10:10 am	JS
4232.252	9:30–10:10 am	WP
4232.253	10:20–11:00 am	JS
4232.254	11:10–11:50 am	WP
4232.255	3:15–3:55 pm	JS
4232.256	3:15–3:55 pm	WP
4232.257	4:05–4:45 pm	JS
4232.258	4:05–4:45 pm	WP
4232.259	4:55–5:35 pm	WP
4233.251	6:35–7:15 pm	JS

**Session 6** **August 11–August 21**

4232.261	3:15–3:55 pm	JS
4232.262	4:05–4:45 pm	JS
4232.263	4:55–5:35 pm	JS
4232.264	6:35–7:15 pm	JS

**5 weeks/Saturday • \$44**

**Session 1** **\*June 14–July 19**

4232.281	9:50–10:30 am	JS
4232.282	10:40–11:20 am	JS
4232.283	11:30–12:10 pm	JS

*\*No class 7/5*

**Session 2** **July 26–August 23**

4232.291	9:50–10:30 am	JS
4232.292	10:40–11:20 am	JS
4232.293	11:30–12:10 pm	JS



## Starfish

**Ages 5–16 years**

Level 3 is designed to promote stroke development and provide guided practice in deep water. Skills taught include rotary breathing, front crawl, elementary backstroke, and head first entry from kneeling position. Participants must have passed dolphin or be able to swim 5 yards independently.



**2 weeks/M–Th • \$54**

**Session 1** June 2–June 12

4240.211	3:15–3:55 pm	JS
4240.212	4:05–4:45 pm	JS
4240.213	6:35–7:15 pm	JS

**Session 2** June 16–June 26

4240.221	9:30–10:10 am	JS
4240.222	10:20–11:00 am	JS
4240.223	11:10–11:50 am	JS
4240.224	3:15–3:55 pm	JS
4240.225	4:05–4:45 pm	JS
4240.226	4:55–5:35 pm	WP
4240.227	6:35–7:15 pm	JS

**Session 3** June 30–July 10

4240.231	10:20–11:00 am	JS
4240.232	11:10–11:50 am	JS
4240.233	3:15–3:55 pm	WP
4240.234	4:05–4:45 pm	WP
4240.235	4:55–5:35 pm	JS
4240.236	4:55–5:35 pm	WP
4240.237	6:35–7:15 pm	JS

**Session 4** July 14–July 24

4240.241	9:30–10:10 am	WP
4240.242	10:20–11:00 am	JS
4240.243	10:20–11:00 am	WP
4240.244	11:10–11:50 am	JS
4240.245	3:15–3:55 pm	JS
4240.246	3:15–3:55 pm	WP
4240.247	4:05–4:45 pm	WP
4240.248	4:55–5:35 pm	JS
4240.249	6:35–7:15 pm	JS

**Session 5** July 28–August 7

4240.251	9:30–10:10 am	JS
4240.252	9:30–10:10 am	WP
4240.253	10:20–11:00 am	WP
4240.254	11:10–11:50 am	JS
4240.255	3:15–3:55 pm	JS
4240.256	4:05–4:45 pm	JS
4240.257	4:05–4:45 pm	WP
4240.258	4:55–5:35 pm	JS
4240.259	4:55–5:35 pm	WP
4241.251	6:35–7:15 pm	JS

**Session 6** August 11–August 21

4240.261	3:15–3:55 pm	JS
4240.262	4:05–4:45 pm	JS
4240.263	5:45–6:25 pm	JS

**5 weeks/Saturday • \$44**

**Session 1** \*June 14–July 19

4240.281	11:30–12:10 pm	JS
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*\*No class 7/5*

**Session 2** July 26–August 23

4240.291	11:30–12:10 pm	JS
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## Seahorse

**Ages 5–16 years**

Level 4 is a stroke improvement course, which focuses on developing confidence in front and back crawl, improving aquatic skills such as diving and turns, and introduction of elementary backstroke, breaststroke, sidestroke, and butterfly. Participants must be able to swim front crawl and backstroke independently for 15 yards to participate.



**2 weeks/M–Th • \$54**

**Session 1** June 2–June 12

4250.211	4:55–5:35 pm	JS
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**Session 2** June 16–June 26

4250.221	11:10–11:50 am	JS
4250.223	6:35–7:15 pm	JS

**Session 3** June 30–July 10

4250.231WP	9:30–10:10 am	WP
4250.232	3:15–3:55 pm	JS
4250.233	4:55–5:35 pm	WP

**Session 4** July 14–July 24

4250.241	9:30–10:10 am	JS
4250.242	10:20–11:00 am	WP
4250.243	11:10–11:50 am	JS
4250.244	3:15–3:55 pm	JS
4250.245	5:45–6:25 pm	JS

**Session 5** July 28–August 7

4250.251	10:20–11:00 am	WP
4250.253	4:05–4:45 pm	WP
4250.254	5:45–6:25 pm	JS

**Session 6** August 11–August 21

4250.261	4:55–5:35 pm	JS
4250.262	5:45–6:25 pm	JS

**5 weeks/Saturday • \$44**

**Session 1** \*June 14–July 19

4250.281	9:50–10:30 am	JS
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*\*No class 7/5*

**Session 2** July 26–August 23

4250.291	9:50–10:30 am	JS
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## Seals

**Ages 5–16 years**

Level 5 focuses on stroke coordination and refinement of all key strokes for increased distance. Advanced techniques such as shallow angle dives, surface dives, and flip turns will be introduced. Participants must be able to swim front crawl 25 yards, elementary backstroke 25 yards, and breaststroke 15 yards.



**2 weeks/M–Th • \$54**

**Session 1** **June 2–June 12**

4260.211                      6:35–7:15 pm                      JS

**Session 2** **June 16–June 26**

4260.221                      5:45–6:25 pm                      JS

**Session 3** **June 30–July 10**

4260.231                      9:30–10:10 am                      JS

4260.232                      5:45–6:25 pm                      JS

**Session 4** **July 14–July 24**

4260.241                      9:30–10:10 am                      JS

4260.242                      4:05–4:45 pm                      JS

4260.243                      4:55–5:35 pm

**Session 5** **July 28–August 7**

4260.251                      11:10–11:50 am                      WP

4260.252                      4:55–5:35 pm                      JS

**Session 6** **August 11–August 21**

4260.261                      6:35–7:15 pm                      JS

**5 weeks/Saturday • \$44**

**Session 1** **\*June 14–July 19**

4260.281                      11:30–12:10 pm                      JS

*\*No class 7/5*

**Session 2** **July 26–August 23**

4260.291                      11:30–12:10 pm                      JS

## Sting Rays

**Ages 5–16 years**

Level 6 is a skill proficiency class that polishes strokes for ease, efficiency, power and smoothness for greater distance. Swimmers develop a considerable amount of endurance during the course. Certification requirement for this level is to swim 500 yards continuously using any 3 strokes. Level may need to be repeated to achieve certification. Participants must be able to swim front crawl and elementary back stroke 50 yards each and breaststroke and back crawl 25 yards.



**2 weeks/M–Th • \$54**

**Session 2** **June 16–June 26**

4270.221                      10:20–11:00 am                      JS

4270.222                      5:45–6:25 pm                      JS

**Session 3** **\*June 30–July 10**

4270.231                      5:45–6:25 pm                      JS

*\*No class 7/5*

**Session 4** **July 14–July 24**

4270.241                      4:05–4:45 pm                      JS

**Session 5** **July 28–August 7**

4270.251                      5:45–6:25 pm                      JS

**Session 6** **August 11–August 21**

4270.261                      6:35–7:15 pm                      JS

## Junior Lifeguard

**Ages 10–14**

For youth who are confident in the water, this class is ideal for those in between swim classes and standard Lifeguard Training Courses. This class covers 5 critical areas including Prevention, Fitness, Response, Leadership, and Professionalism! Swimmers must be able to swim the front crawl for 25 yards. Continuously while breathing from the front or side, tread water for one minute using arms & legs, and swim a distance of 10 feet underwater.

4151.220	M–Th	8:15–10:10 am	6/16–6/26	*\$125	WP
4151.240	M–Th	8:15–10:10 am	7/14–7/24	*\$125	WP

\*Fee includes workbook

## Teen Swim Lessons

**Ages 13–17**

Specifically designed for teens looking to learn to swim or to build on beginning to intermediate levels of skill. The program aims to develop water confidence, teach floating, gliding and trading water techniques. Basic swimming strokes will be introduced and refined depending on each participant’s prior knowledge and skill level.

### Session 1

4201.201	T/Th	2:15–3:00 pm	6/17–7/10	\$60	JS
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### Session 2

4201.202	T/Th	2:15–3:00 pm	7/15–8/7	\$60	JS
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## Adult Swim Lessons

### Adult Beginner

Designed for adults with little or no swimming experience. This level teaches basic water skills; front/back floats and glides, breath control, and 3 strokes; Freestyle, Backstroke, and Breaststroke. Skills taught will promote confidence in and around the pool, and relaxation. Classes held in the shallow end of the pool.

#### Session 1

4201.211	T/Th	7:30–8:15 pm	6/10–7/3	\$60	JS
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#### Session 2

4201.212	T/Th	7:30–8:15 pm	7/8–7/31	\$60	JS
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#### Session 3

4201.213	T/Th	7:30–8:15 pm	8/5–8/28	\$60	JS
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### Adult Advanced Beginner

Geared for adults who have taken some swim classes, but want to build their confidence level and skills learned. Focuses on prior swim skill knowledge, rhythmic breathing, treading water, continued stroke refinement, and deep end work (jumping/diving and retrieving objects). Participants must be able to swim 25 yards freestyle independently.

#### Session 1

4201.221	T/Th	7:30–8:15 pm	6/10–7/3	\$60	JS
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#### Session 2

4201.222	T/Th	7:30–8:15 pm	7/8–7/31	\$60	JS
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#### Session 3

4201.223	T/Th	7:30–8:15 pm	8/5–8/28	\$60	JS
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### Adult Intermediate

Designed for adults who are confident in the water. Opportunity to advance and refine swim strokes; freestyle, backstroke, and breaststroke with introduction to butterfly and sidestroke. Surface diving, open/flip turns, deep end work, and treading water are integrated into the program.

#### Session 1

4201.231	T/Th	8:30–9:15 pm	6/10–7/3	\$60	JS
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#### Session 2

4201.232	T/Th	8:30–9:15 pm	7/8–7/31	\$60	JS
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#### Session 3

4201.233	T/Th	8:30–9:15 pm	8/5–8/28	\$60	JS
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### Adult Advanced Intermediate

Ideal for adults looking for advanced refinement in all 5 strokes; freestyle, backstroke, breaststroke, sidestroke, and butterfly for competition, pleasure, or health. Swim exercises will be explained and demonstrated for each stroke. Technique, speed, endurance, and performance are emphasized. Participants will use lane lines, circle swim, and use workout plans.

#### Session 1

4201.241	T/Th	8:30–9:15 pm	6/10–7/3	\$60	JS
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#### Session 2

4201.242	T/Th	8:30–9:15 pm	7/8–7/30	\$60	JS
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#### Session 3

4201.243	T/Th	8:30–9:15 pm	8/5–8/28	\$60	JS
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## Summer Aquatics Registration Information

Swim testing is recommended to determine the appropriate level placements for participants. If your child has taken swim lessons before, it is usually best to repeat the last successfully completed level before advancing, especially if your child has not been actively swimming since last season. Please keep in mind that skill progress does not mean level advancement. Most swimmers will need to repeat levels during their participation in the Learn-to-Swim program.

**Please note that due to the high demand for Escondido Recreation's Learn-to-Swim program, classes fill quickly. Early registration is recommended.**

### Mail in Registration

**Mail-in form must be postmarked by Friday, May 16.**



1. Fill out the registration form provided on page 39.
2. Requesting alternate classes will increase the probability of being registered at a specific class level.
3. Mail-in form and payment as directed on page 39.
  - Enclose a self-addressed, stamped envelope or e-mail address to receive a receipt to verify which class(es) your children have been enrolled in.

### Fax-In Registration

**Fax-in registration is available beginning May 5. Fax-in Registration for each session must be received by 12 noon on the Friday prior to the first day of class.**



1. Fax the registration form on page 39 to 760.739.7030, 24 hours a day, 7 days a week.
2. Payments by credit card only
3. Please provide a 24 hour fax number or e-mail address to receive confirmation of registration.
4. Faxed registration will be processed the next business day.

### Online Registration

**Online registration is available beginning May 5. Registration for each session will close at 12 noon on the Friday prior to the first day of class.**



Go to [activenet.active.com/Escondido](http://activenet.active.com/Escondido) to register online. Please note a nominal, nonrefundable processing fee will be charged.

### Walk-in Registration

Walk-in registration is available beginning May 19 at the East Valley Community Center and the Community Services Department in City Hall, during regular business hours.



**Walk-in registration will be accepted at James A. Stone Pool according to the schedule below:**

June 2–August 7, Monday–Thursday, 3:30–7:00 pm  
(No registration Friday–Sunday)

**Due to the high volume of aquatics registration, phone-in registration will NOT be accepted for "Learn-to-Swim" aquatic classes.**

## Important Guidelines

- Please adhere to age requirements for the different class levels.
- Please not skill requirements for the different level classes. Testing is available at James Stone Pool on the following date or by appointment: Saturday, May 17, 11:30 am–1:00 pm.
- Students who are enrolled for classes either above or below their ability level will be transferred to the appropriate level or dropped if no other class is available.
- We reserve the right to cancel or consolidate any classes when necessary.
- Transfer Policy: Transfers will be assessed a \$3 processing fee.
- Refund Policy: Due to the popularity of our Learn-to-Swim program and our desire to accommodate as many children as possible, the following refund policy has been implemented:

*If for any reason you cannot attend your class, you may request a transfer, credit on account, or refund by contacting aquatic staff at 760.839.4204. All requests must be made prior to the first day of the original class. If you request credit on account, you will receive 100% of the class fee. Refund requests will be assessed a 25% service charge, no exceptions.*



## Introduction to Zentangle Art

**Workshop • Ages 16–Adult**

Zentangle is fun and easy process to learn, no previous art experience is needed. Create beautiful images using repetitive patterns. Zentangle helps to increase focus and creativity. In this workshop, students will learn 8 basic patterns and complete two 3½” Zentangle tiles by the end of class. Students will be provided with a starting kit containing all materials needed.

**Instructor: Rho Densmore, Certified Zentangle Teacher**

#2313.200 W 6:00–8:30 pm 7/16 \*\*\$25 EVCC

\*\*\$10 Material fee due at workshop (cash only)

## Makeup 101

**Workshop • Ages 16–Adult**

In this hands-on workshop, you will learn step-by-step makeup application techniques that will enhance your beauty. Learn the best way to treat rosacea, acne, age spots, and dark under-eye circles, and skin discoloration. Understand your skin types and how to ensure beautiful clear skin. Learn your skin type and what skin care products to use. Discover what to use for those pesky fine lines and wrinkles. Whether you are a stay at home mom, student in school, or a working professional, you will leave confident and ready to put your “best face forward!”

**Instructor: Michelle Jackson, Certified Makeup Artist and Medical Esthetician**

#2188.200 Sa 9:00–11:30 am 7/12 \*\*\$59 EVCC

\*\*\$30 Material fee due at first class (cash only)

## Adult Guitar

**5 weeks • Ages 16–Adult**

Learn how to play one of the world’s most popular instruments! Perfect for beginners, this class requires no experience and students will learn to play basic chords and simple melodies in a fun environment. No guitar? No problem. Teacher approved guitars can be rented or purchased from MUSICSTAR® one week before class begins.

**Instructor: MUSICSTAR® Staff**

#2247.210 W 6:00–6:50 pm 6/18–7/16 \*\*\$49 MCC

#2247.220 W 6:00–6:50 pm 7/23–8/20 \*\*\$49 MCC

\*\*\$20 material fee for Student Pack (cash only), which includes the Course Book and DVD due at first class

## Acrylic and Soft Pastel Painting

**6 weeks • Adults**

You will paint nature related pictures in this summer class. Instructor will provide resource materials or you can bring your own printed pictures to class. There will be demos and friendly critiques. Materials are provided but you may bring your own as well. All levels are welcome!

**Instructor: Kathy Aldrich, Award winning member of EAA**

#2357.200 Sa 10:00–12:00 pm 6/21–8/2 \*\*\$75 EVCC

\*\*\$15 Material fee due at first class (cash only)

## Continuing Guitar

**6 weeks • Ages 16–Adult**

This class is not geared for beginners. Participating students should be familiar with bar chords. This class will adjust its scope to suit the playing level and interests of the students, learning shapes, patterns, and theory for all genres. Improvisation and various chord forms will be studied. Please bring acoustic guitar to class.

**Instructor: Sam Robertson, Ubiquitous Music**

#2250.200 T 5:30–7:00 pm 6/24–7/29 \*\*\$60 EVCC

\*\*\$8 Material fee due at first class (cash only)

## Adult Piano

**9 weeks • Ages 16–Adult**

Join us as we learn to play the piano! Beginning and returning piano players will learn the basics and how to play songs by reading and by ear. We’ll play fun and familiar tunes and enjoy a performance at the end of the course.

**Instructor: Marsi Carr, Music & Theater professional with over 20 years teaching and performance experience**

#2245.200 W 1:00–2:00 pm 6/18–8/13 \*\*\$89 EVCC

\*\*\$10 material fee due at first class (cash only); bring your own keyboard—rentals available. Contact marsi@carrfamily.com

## Beginning Ukulele

**6 weeks • Ages 14–Adult**

Students will learn chords and rhythms to play their favorite songs. No musical experience is necessary. Five to six classic and contemporary songs will be learned plus more that are suggested by students.

**Instructor: Gene Meregillano, Ubiquitous Music**

#2249.200 M 6:00–7:00 pm 6/23–7/28 \*\*\$60 MCC

\*\*\$8 Material fee due at first class (cash only)





## Hip Pic Album

Workshop • Ages 16–Adult

Join us to create one of the cutest albums ever! You will love the hand-drawn style of stamps and all the embellishments throughout the book. It will hold 10 treasured photos—guaranteed to become someone’s favorite gift!

Instructor: Lucy Kelleher

#1635.200 F 3:30–5:30 pm \*8/15 \*\*\$30 EVCC

\*Registration deadline is 8/8.

\*\*\$25 Material fee due at first class (cash only)



## Let’s Fold it Up

Workshop • Ages 11–Adult

We will create three fun mini photo albums that you can add notes, quotes, and personality to! The adorable albums that we will be creating include a mini explosion album, a mini tag book, and an accordion album. Together we will create fun ways to document your memories for yourself or to give as gifts.

Instructor: Lucy Kelleher

#1257.200 F 3:30–5:30 pm 6/20 \*\*\$30 EVCC

\*\*\$12 Material fee due at first class (cash only)



## Fun, Fast, & Done Greeting Cards

Workshop • Ages 11–Adult

In this class we will be making 12 cards for occasions throughout the year. Everything will be pre-cut and ready for you to stamp and assemble. Join us for some inspiration and creative fun!

Instructor: Lucy Kelleher

#1258.200 F 3:30–5:30 pm 8/1 \*\*\$30 EVCC

\*\*\$15 Material fee due at first class (cash only)



## Fun, Fast, & Done Scrapbooking

Workshop • Adults

Always wanted to scrapbook but don’t know where to begin? Here is your chance to join us in creating four beautiful scrapbook pages. Your paper will be pre-cut so all you have to do is assemble them using your creativity. Just add your pictures and go home with completed pages and tips & tricks for the future.

Instructor: Lucy Kelleher

#2308.200 F 3:30–5:30 pm 7/18 \*\*\$30 EVCC

\*\*\$20 Material fee due at first class (cash only)



## Finding Hip Flexibility, The Feldenkrais® Way

7 weeks • Adults

Hip surgery is becoming extremely popular with our older generations. Feldenkrais® lessons offer a non-surgical, natural way to improve biomechanics, ease the work of muscles, and eliminate structural and functional deficits. Learn about your hip joint, how to use it, and how your movements can be easier and more powerful. Whether you are standing up from a seated position, lifting a weight, or running, having a range of easy movement in your hip is essential.

Instructor: Anita Noone, Guild Certified Feldenkrais Practitioner®

#2162.200 Th 12:30–1:30 pm 6/19–7/31 \$70 MCC

## Fresh Baby and Toddler Food Making

Workshop • Adults

Say goodbye to the jar! The transition to solid food is a very important step in your child’s development, and, as a parent you can lay the foundation for a lifetime of good health by feeding them a well-balanced and nutritious diet. Homemade baby food is fresher, more nutritious, better tasting, cheaper, and less wasteful than the jarred stuff—and we all know you want the best for your baby. In this workshop we will create fruit and vegetable baby purees and toddler bites. Take home samples of food, recipes, and time saving tips to aid in making delicious everyday meals your child will enjoy.

Instructor: Ashley Dietrich

#2115.200 F 6:00–7:30 pm 7/25 \*\*\$24 PACC

\*\*\$10 Material fee due at workshop (cash only)



## Cupcake 101

Workshop • Ages 11–Adult

Would you like to be able to bake the perfect cupcakes? Here is your chance! Not only will we learn to bake the perfect cupcake but we will go over the basics and how to modify recipes to make dozens of flavors! Learn two stand-by icing recipes used by pros. You will also learn the basic frosting techniques to decorate your delicious treats! You will be able to take home your yummy creations and recipes to re-create them.

Instructor: Heather Patton, Bakery owner and contestant on Food Network

#2814.210 Sa 9:00–1:00 pm 7/12 \*\*\$40 PACC

#2814.220 Sa 9:00–1:00 pm 7/19 \*\*\$40 PACC

\*\*\$10 Material fee due at first class (cash only)

## Sweet Art Decorating

Workshop • Ages 11–Adult

Want to create fabulously decorated cake pops and cupcakes? In this class you’ll have fun and learn the skills and tricks to master the basics of sweet art decorating. Bring your sweet tooth; you’ll get to eat your yummy creations!

Instructor: Heather Patton, Bakery owner and contestant on Food Network

#2815.210 Sa 9:00–1:00 pm 8/9 \*\*\$40 PACC

\*\*\$10 Material fee due at first class (cash only)



## Introduction to Archery

Workshop • Ages 8–Adult

Come experience the power of shooting a bow for a single 2 hour class. Students will be introduced to the basics of shooting a recurve bow and various aspects of archery as a sport. Students will also participate in a fun archery game during the second half of class. Safety rules and procedures will be taught and enforced. All equipment is provided.

**Instructor:** Rho Desmore, Level 4–NTS Coach, ASEP Certified in Coaching Principals

#1475.200 Sa 9:00–11:00 am 6/21 \$35 MVP



NEW!

## Hula—Hawaiian Dance

9 weeks • Ages 5–Adult

Enjoy traditional Hawaiian music while learning both modern and ancient styles of hula. All levels are welcome to our luau; experience this engaging dance with your entire family.

**Instructor:** Kelly Haupu / Halau Hula O Ka’eo Owner

						Ages
#2223.201	M	5:00–6:00 pm	6/16–8/11	\$87	EVCC	5–11
#2223.202	M	6:15–7:15 pm	6/16–8/11	\$87	EVCC	12–Adult

## Adult Ballet

8 weeks • Ages 15–Adult

Ballet is not just for kids! We will practice basic barre exercises, stretches, and center combinations to beautiful music. This class is designed to improve strength, flexibility, coordination, and balance.

**Instructor:** Cindy Ahler

#2203.201	Beg./Int.	W	7:10–8:10 pm	7/2–8/20	\$72	EVCC
#2203.202	Beg./Int.	W	6:00–7:00 pm	7/2–8/20	\$72	EVCC

## Tae Kwon Do

2 days/11 weeks • Ages 6–Adult

Develop physical and mental discipline, strength, endurance, and coordination. Learn the Korean martial art of Tae Kwon Do (kicks, blocks, punching), Hapkido (joint locking techniques), Yudo (throwing and grappling) and basic weapons. Become more confident and learn basic self-defense techniques. An all white martial arts uniform is required and may be purchased from the instructor for \$20.

**Instructor:** Skip Leonard, Certified by WTF, City of Escondido Instructor for 20 years

#2613.202	M/Th	5:00–6:00 pm	6/16–9/4	\$99	MCC
#2613.203	M/Th	6:15–7:15 pm	6/16–9/4	\$99	MCC
#2613.204	M/Th	7:30–8:30 pm	6/16–9/4	\$99	MCC

## Adult Beginning Ice Skating

8 weeks • Ages 16–Adult

Has someone told you that you are too old to ice skate? Let’s prove them wrong! Whether you’ve always wanted to ice skate but never tried, or you used to skate and want to get back into it, join us for some fun. You will learn basic skating skills, gain confidence, and learn to feel comfortable on the ice.

**Instructor:** Ice-Plex Staff

#2624.200 W 6:30–7:00 pm \*6/11–8/6 \*\*\$85 ICE

\*No class 7/2

\*\*Includes skate rental & public skating from 3:15–5:15 pm on day of class

## Safety Awareness & Self-Defense Option 1 Workshop • Ages 13\*–Adult

This two-hour course will teach you the basics to help avoid being the victim of a crime. We will explain danger cues and awareness, and you will learn simple self-defense techniques that can help you escape a physical attack. Other topics will include identity theft, home safety, and legal options for self-defense. There will be no physical participation in this class.

**Instructor:** Lieutenant Al Owens, police officer for 18 years and Defensive Tactics Instructor for 16 years

#2152.200 W 6:30–8:30 pm 7/9 \$15 EPFH

\*It is recommended that 13 & 14 year-olds attend with an observing adult

## Safety Awareness & Self-Defense Option 2 Workshop • Ages 13\*–Adult

We begin with a review of the Option 1 course and then move into some practical application of self-defense techniques described in Option 1. Class will concentrate on form, while building confidence and having fun. All techniques will be controlled and performed at low-intensity to avoid injuries. This class is geared toward students who have little or no experience with martial arts, boxing, or grappling.

**Instructor:** Lieutenant Al Owens, police officer for 18 years and Defensive Tactics Instructor for 16 years

#2153.200 W 6:30–8:30 pm 7/16 \$15 EPFH

\*It is recommended that 13 & 14 year-olds attend with an observing adult



## POUND: Rockout Workout™

5 weeks • Ages 16–Adult

Rockout while you workout, through POUND™ fitness class which combines cardio, strength training, and Pilates with drumming to achieve a full body workout. Using lightly weighted drumsticks, Ripstix™, you can expect to burn 500–900 calories per class and be performing over 15,000 reps per session while shifting the focus to the beat of popular radio hits rather than calories. This is great for relieving stress and transforms bodies. To learn more about POUND™, see [www.poundfit.com/about](http://www.poundfit.com/about). Ripstix™ will be available to use in class only.

Instructor: Cynthia Demorest, certified POUND™ instructor

### Session 1

#2635.210	M	6:15–7:00 pm	*6/16–7/21	\$30	EVCC
#2635.211	Sa	9:00–9:45 am	*6/21–7/26	\$30	MCC

### Session 2

#2635.220	M	6:15–7:00 pm	7/28–8/25	\$30	EVCC
#2635.221	Sa	9:00–9:45 am	8/2–8/30	\$30	MCC

\*No class 7/12 & 7/14

## Line Dance

6/5 weeks • Adults

Line Dance isn't just country anymore! Basically, if it has a beat, we'll dance to it! Music selection includes but is not limited to Jimmy Buffett, Train, El Simbolo, George Strait, Loretta Lynn and more. No experience or special shoes are required to join this dance class—just a desire to get moving and have fun with good people having a good time.

Instructor: Carol Stroecker, 15 years of teaching line dancing

### Session 1

#2200.210	T	7:00–8:30 pm	6/17–7/22	\$30	PACC
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### Session 2

#2200.220	T	7:00–8:30 pm	7/29–8/26	\$25	PACC
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## Boot Camp with a Kick

6/5 weeks/2 days • Ages 16–Adult

Get into shape with this power-packed hour of intervals and cardio drills. This class is designed for both men and women, and all fitness levels are welcome! Be prepared to go outdoors and have some fun while getting fit. Bring handweights and a mat.

Instructor: Angie Smith, Certified Personal Trainer-NASM

### Session 1

#2609.210	T/Th	6:00–7:00 pm	6/17–7/24	\$52	EVCC
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### Session 2

#2609.220	T/Th	6:00–7:00 pm	7/29–8/28	\$43	EVCC
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## Zumba

6/5 weeks • Ages 16–Adult

Zumba is a Latin-inspired dance fitness class that incorporates Latin and international music and dance movements. Zumba creates a party-like atmosphere that provides a non-intimidating opportunity for non-dancers and new exercisers. Come, join the fun!

Instructor: Angie Smith, AFAA & Zumba certified

### Session 1

#2640.212	Th	7:10–8:10 pm	6/19–7/24	\$31	EVCC
#2640.211	M	7:30–8:30 pm	6/16–7/21	\$31	EVCC

### Session 2

#2640.222	Th	7:10–8:10 pm	7/31–8/28	\$26	EVCC
#2640.221	M	7:30–8:30 pm	7/28–8/25	\$26	EVCC

## Zumba Toning

6/5 weeks • Ages 16–Adult

Zumba Toning takes the original Zumba dance-fitness class to the next level by utilizing an innovative muscle training protocol and the addition of light-weight toning sticks or dumbbells. This class is designed to improve overall performance and sculpt your muscles while moving to your favorite Latin rhythms.

Instructor: Angie Smith, AFAA & Zumba Certified

### Session 1

#2641.210	T	7:10–8:10 pm	6/17–7/22	\$31	EVCC
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### Session 2

#2641.220	T	7:10–8:10 pm	7/29–8/26	\$26	EVCC
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## Tennis

5/10 weeks • Ages 15–Adult

Beginners (Beg.): Covers forehand, backhand, service, rules, and court etiquette for the beginning player.

Intermediate (Int.): Focuses on ground strokes and use of spins, volley, footwork, and positioning. Players should be able to rally, play out points, and have some match experience.

Advanced (Adv.): Emphasis is on advanced net play and doubles movement with a partner, for the intermediate player moving toward tournament play. Bring tennis racquet & one can of new, unopened “extra duty” tennis balls.

Instructor: Andre Rerolle

### Session 1

#2401.215	Beg.	W	6:00–7:30 pm	6/18–7/16	\$58	KCP 7&8
#2401.216	Int/Adv.	W	7:30–9:00 pm	6/18–7/16	\$58	KCP 7&8

### Session 2

#2401.225	Beg.	W	6:00–7:30 pm	7/23–8/20	\$58	KCP 7&8
#2401.226	Int/Adv.	W	7:30–9:00 pm	7/23–8/20	\$58	KCP 7&8

### 10-Week Class

#2401.205	Int.	Sa	8:30–10:00 am	6/21–8/23	\$109	MVP 1&2
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**KEEP UP WITH ESCONDIDO RECREATION EVENTS!**

Join us on Facebook to stay up to date with Escondido Recreation.

[Facebook.com/EscondidoRecreation](https://www.facebook.com/EscondidoRecreation)



## Reality Yoga

10 weeks • Adults

Here is a user-friendly class that combines Hatha Yoga, sports medicine stretches, and simple meditation techniques. You will learn to relax joints and ligaments, increase circulation, improve muscle tone, and calm the emotions. Yoga is a great way to avoid mental, emotional, and physical illness due to stress.

**Instructor:** Nina Deerfield, Naturopathic Physician, has taught for Escondido Recreation for 25 years

#2600.200 T 5:00–5:55 pm 6/24–8/26 \$100 MCC

## T'ai Chi / Chi Gong

10 weeks • Adults

Reduce stress, increase energy, improve physical and mental health by learning the slow, relaxed movements of T'ai Chi & Chi Gong. You will learn how to handle stress and change, how to obtain higher energy levels, and achieve internal and external balance and harmony in your life. All fitness levels welcome.

**Instructor:** Nina Deerfield, Certified Master City of Escondido Instructor for 25 years

#2601.200 T 6:00–6:55 pm 6/24–8/26 \$100 MCC

## Pilates Barre Fusion

6/5 weeks • Adults

An energizing fusion of 30 minutes Barre work, 20 minutes Pilates mat work and 10 minutes of stretching. A low-impact, light cardio workout designed to increase core stability and strength while sculpting your body and improving posture. Bring a yoga mat and a hand towel.

**Instructor:** Kerry Hutchinson, Pilates Mat Certified

### Session 1:

#2651.210 W 7:30–8:30 pm 6/18–7/23 \$48 MCC

### Session 2:

#2651.220 W 7:30–8:30 pm 7/30–8/27 \$40 MCC

## Pilates Mat Class

6/5 weeks • Adults

Pilates mat is a great workout for the body, mind, and spirit. It is designed to strengthen while stretching the body through slow, deliberate and precise movements. Suitable for everyone, Pilates can improve posture and reduce stress.

**Instructor:** Kerry Hutchinson, Pilates Mat Certified

### Session 1

#2622.213 W 6:15–7:15 pm 6/18–7/23 \$48 MCC

### Session 2

#2622.223 W 6:15–7:15 pm 7/30–8/27 \$40 MCC

## Shallow Water Aerobics

6 weeks • Adults

Are you looking for a workout that will invigorate and motivate you to come back for more? This program is designed to increase your cardiovascular capacity while firming and toning your muscles. You will leave feeling refreshed and renewed with added flexibility.

**Instructor:** Veronica Scheier, CPR, AQUA, AFAA, FITOUR Certified

### Session 1

#2610.210 M/W/F–3 days 12:00–12:45 pm \*6/16–7/25 \$51 JSP

#2610.211 M/W/F–2 days 12:00–12:45 pm \*6/16–7/25 \$48 JSP

#2610.212 M/W/F–1 day 12:00–12:45 pm \*6/16–7/25 \$32 JSP

### Session 2

#2610.220 M/W/F–3 days 12:00–12:45 pm \*7/28–9/5 \$51 JSP

#2610.221 M/W/F–2 days 12:00–12:45 pm \*7/28–9/5 \$48 JSP

#2610.222 M/W/F–1 day 12:00–12:45 pm \*7/28–9/5 \$32 JSP

\*No class on 7/4 & 9/1

## Deep Water Aerobics

6 weeks • Adults

Getting FIT FAST will be fun and easy using the “toys” specially designed for deep water training. You will improve your cardiovascular capacity while toning and trimming your entire body. Get ready for an energized workout!

**Instructor:** Veronica Scheier, CPR, AQUA, AFAA, FITOUR Certified

### Session 1

#2611.210 T/Th–2 days 12:00–12:45 pm 6/17–7/24 \$48 JSP

#2611.211 T/Th–1 day 12:00–12:45 pm 6/17–7/24 \$32 JSP

### Session 2

#2611.220 T/Th–2 days 12:00–12:45 pm 7/29–9/4 \$48 JSP

#2611.221 T/Th–1 day 12:00–12:45 pm 7/29–9/4 \$32 JSP

## Instructors Wanted!

We need fun and talented instructors for these exciting programs!

Contact Escondido Recreation at 760.839.4382 or recreation@escondido.org to get involved!

- Zumba for Kids
- Specialty Classes
- Dog Obedience
- Social Media Safety
- Gardening



# Check Out These Great Classes For the Whole Family!

## Cupcakes 101 and Sweet Art Decorating

Come learn together how to bake beautiful, delicious, and impressive baked goods.

See page 8

## Hula—Hawaiian Dance

Come enjoy traditional Hawaiian music while learning hula, all ages and experience levels welcome.

See page 9

## Makeup 101

Practice makeup application under the advisory of a professional makeup artist.

See page 16

## Guitar and Piano

Learn, practice, or perfect your skills on some of the most exciting instruments around.

See page 16

## Me & My Shadow Aquatics Classes

Gain water confidence and skills during these parent child swim classes.

See page 20

## Introduction to Zentangle Art

Do you doodle on scrap pieces of paper? Come try out Zentangle, the art form that allows you to take your doodling to the next level.

See page 28

## Introduction to Archery

Come experience the power of shooting a bow for this two hour workshop designed for all skill and age levels.

See page 30

## Fun, Fast & Done Greeting Cards & Scrapbooking

Create fun and fast greeting cards or scrapbooks as a family. These are great ways for you to document your memories for time to come.

See page 29

## Safety Awareness & Self Defense

Become aware of danger cues, learn self-defense techniques, practice building confidence, and more.

See page 30

## POUND: Rockout Workout™

Rockout while you workout, classes combine cardio, strength training, and Pilates with drumming to achieve a full body workout.

See page 31

## Adult Softball Leagues—Men's, Women's, & Coed Divisions

### 10 Week Season plus Playoffs

#### Divisions

All players must be 18 years of age to play in adult leagues unless otherwise posted for + divisions.

- Monday—Coed A, B, C, & D
- Tuesday—Women's A & B and Men's 45+
- Wednesday—Men's A & B and Women's U30 Fast Pitch
- Thursday—Men's 35+ A & B, Women's 35+, and Men's U30
- Friday—Men's C, D, E, & F

#### Cost

- Team Fees—\$395 (Late Fee \$425)
- Umpire & Scorekeeper Fees—\$20 per game per team

Season	Game Days	Registration Open	Registration Closes	Schedule Hand-Out	Season Dates
Summer 2014	M-F	May 19	June 20	July 2	July 7–Oct 10
Spring 2015	M-F	January 26	February 20	March 4	Mar 9–June 12

Registration packets during the season will be available at Kit Carson Park Softball Complex, City Hall, or on our website at [recreation.escondido.org](http://recreation.escondido.org)



See page 38–39 for registration information



## EVCC Gym Activities

East Valley Community Center • 2245 East Valley Parkway

**Looking to play a little pick-up basketball, spike a volleyball, or swat a birdie, then the EVCC gym is the place for you!**

**What:** Basketball, Volleyball, & Badminton

**When:** Mondays–Saturdays

**Who:** All Ages or Adults Only–depending on open gym schedule

**Cost:** \$2 per person, per visit with current EVCC Gym ID card. No charge for spectators accompanying minors

**New:** All open gym participants must have an EVCC Gym ID card for entrance. Cards have a one-time fee of \$5 and include one entrance. Lost or stolen cards will need to be replaced for an additional fee.



**For the most recent schedule updates, call 760.839.4382 or visit:**

- [recreation.escondido.org/open-gym.aspx](http://recreation.escondido.org/open-gym.aspx)
- Follow us on twitter at [twitter.com/EVCCgym](https://twitter.com/EVCCgym)

**Gym schedule is subject to change without notice.**

## Youth Basketball Summer 2014 Coed League

Presented by Escondido Recreation and P.A.L.



**Open Registration:** April 7–May 28  
No late registration will be accepted

**League Dates:** June 21–August 16  
8–game season plus playoffs

**Practices:** Practices begin June 10  
1–hour practice, once a week, Tuesdays or Thursdays  
between 4:00–8:00 pm

**Games:** Saturday mornings/Weekday nights  
East Valley Community Center (EVCC)  
2245 East Valley Parkway, Escondido 92027

**P.A.L. Tournament Team (Division A):** High School Ages 14–17  
Max 20 players

Division	Grade	Fee	Assessment Day	Activity#
A	9–12	\$100	Tues, 6/10 • 7:00 pm	#4131.204
B	6–8	\$50	Thurs, 5/29 • 6:30 pm	#4131.203
C	4–5	\$40	Sat, 5/31 • 9:30 am	#4131.202
D	2–3	\$40	Sat, 5/31 • 11:30 am	#4131.201

\*Volunteer coaches will get \$10 off registration for first child

\*No games on 7/5

\*For more information, call 760.839.4382 or email [dcruz@escondido.org](mailto:dcruz@escondido.org)





# Skatepark Combo Camps

**ESCONDIDO SPORTS CENTER • 3315 BEAR VALLEY PARKWAY  
SK8, SCOOTER, BIKE, INLINE**



Our Skatepark Camps are designed with all extreme sports in mind. If you want to learn to scooter, skateboard, inline, or bike, these camps are for you! Instructors and their special guest helpers (sponsored riders in various disciplines) are there to assist you and answer questions at all times! Whether you just want to ride for a week with a group of friends or pick up some new moves in the skatepark, these camps are for everyone!

For more information, contact Tim Hodgson at [Thodgson@escondido.org](mailto:Thodgson@escondido.org).

**9 am–12 pm • Ages 6–13 • \$99**

**June 23–27**

**#4037.201**

**July 14–18**

**#4037.202**

**August 11–15**

**#4037.203**



The Annual Summer Lock-In is a fun-filled night under the stars where you get the chance to play games, skate all night, enjoy some food all while being fully supervised by Escondido Sports Center staff.



## ANNUAL SUMMER LOCK IN! JULY 19

Spend the night in the park!

#4026.201 • 10 pm–8 am • Ages 8–16 • \$40

Maximum 40 participants



## Roller Hockey Boot Camp

From July 28th through August 1st, 2014 the San Diego District Hockey League will host a Youth Roller Hockey Boot Camp! This event will provide our youth with social skills, commitment, team work, coordination, hockey knowledge, as well as keeping active in the summer.

The Hockey Boot Camp will be the 7th Annual event, promoted by the SDDHL.

**Dates:** July 28–August 1

**Times:** 8 am–4 pm

**Location:** Escondido Sports Center  
3315 Bear Valley Parkway

**Prices:**

**Child 1:** \$250

**Child 2:** \$225

**Child 3:** \$200

\*Player must have an up to date AAU Membership

**Camp Package**

Jersey, Lunch, Snacks, Plenty of fluids, Cardio Workout (DryLand) Conditioning for Ice Players, Proper stretches, Power Skating, Puck Handling, Shooting, Passing, Games, Game Positioning, Rules of the Game, Game Sense, 3 on 3 Mini tournament Certificate of completion, Prizes and much more!

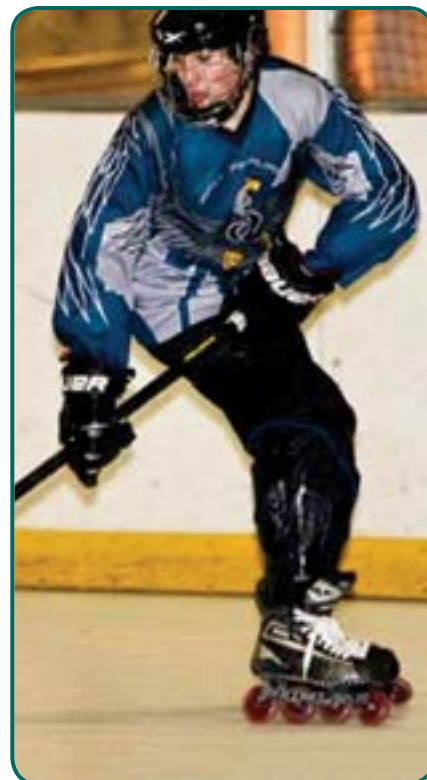
**For more information contact:**

Coach Martin Renner

Phone: 760–518–7481

Email: [nchihbootcamp@yahoo.com](mailto:nchihbootcamp@yahoo.com)

Web: [nchihbootcamp.directra.com/org/view/146](http://nchihbootcamp.directra.com/org/view/146)





# British Soccer Camps 2014

The Largest, Most Popular, Camp Program in the USA and Canada! More campers, more coaches, more great new games & practices, and more FREE STUFF!

**JUNE 16–20**

**JUNE 23–27**

**JULY 14–18**

**AUGUST 4–8**

<b>First Kicks</b>	8:30–9:30 am	Ages 3–4 years	\$77
<b>Mini Soccer</b>	9:30–11:30 am	Ages 4–5 years	\$99
<b>Half Day</b>	8:30–1pm	Ages 6–16 years	\$145
<b>Location:</b>	Escondido Sports Center, 3315 Bear Valley Parkway		

*\*Bring sack lunch.*



## WHAT WILL THEY DO EACH DAY?

### The ABC's

Individual practices that develop Agility, Balance, and Coordination

### The Moves

Twenty different way to turn, fake, and beat opponents.

### Freestyle Soccer

Juggling, lifts and balances that will help improve touch & control

### Dribbling

Change direction and move at speed while in control of the ball.

### Passing/Receiving

Improve accuracy, pace & timing of passes and better control

### Shooting

Improve technique, power & placement with both left and right feet.

### Heading

Safely and confidently head the ball in attack and defense

### Tacking/Defending

Take the ball away from opponents and basic team defense

## FREE GIFTS

- Camp T-shirt
- Soccer Ball
- Player Evaluation Form
- Giant Fold-Out Poster
- Online Coaching Resources

## FREE JERSEY!

Free with online registration at least 45 days prior to camp. S&H Fees Apply.

Register online at:

[www.challengersports.com](http://www.challengersports.com)



**Preregistration is required for all classes. Classes fill quickly so register early!**  
**Registration Begins Monday, May 5**

**5 easy ways to register NOW for Escondido Recreation classes and activities:**

**1 Online**  
**Internet Registration**

- Visit our Website, [recreation.escondido.org](http://recreation.escondido.org) and click on the link for Online Registration.
- Complete the online registration information, pay by Visa, MasterCard, American Express, or Discover and receive an instant e-mail confirmation.

*Please note: A nominal, nonrefundable, processing fee will be charged.*

**2 Phone-in**

- Call 760.839.4691 Monday–Friday
- Pay by Visa, MasterCard, American Express, or Discover
- Registration receipts will be emailed with liability waiver to sign and return to city.

**3 Walk-in**  
**Two convenient locations:**

- Community Services Department in City Hall, 201 North Broadway  
 Monday–Friday  
 8:00 am–5:00 pm
- East Valley Community Center, 2245 East Valley Parkway  
 Monday, Wednesday, & Friday  
 8:30 am–8:30 pm  
 Tuesday & Thursday  
 11:00 am–8:30 pm  
 Saturday  
 8:30 am–4:30 pm

**See registration form for Mail-in **4** or Fax-in **5** details.**

**PLEASE NOTE: Registration cannot be taken in class.** Most of our instructors are independent contractors so they cannot process registration; however, they do collect material fees in class (cash only). **Fees will not be prorated if you register after class has started.**

**How do I request a refund or credit?**

To request a refund or credit, contact the customer service staff at City Hall or the East Valley Community Center.

**On-Going Classes (two classes or more)**

- If you choose credit on account, you will receive 100% of the class fees, minus any classes that have occurred. This is the best value!
- If you choose a refund, a 25% service charge will be deducted from the total fee of the class. Additionally, any classes attended or missed will also be deducted.
- All requests for refunds or credits **MUST** be made before the last class.

**One-Time Workshops**

- Requests for refunds or credits **MUST** be made two business days before the workshop is held. Business days are Monday through Friday 8:00–5:00 pm.
- **NO REFUNDS or CREDITS** will be given after the deadline.
- If you choose credit on account, you will receive 100% of the class fees.
- If you choose a refund, a 25% service charge will be deducted from the total fee of the class.

Credit on account is valid for one year from issue date.

- Aquatic classes have a different transfer/refund policy. Call aquatic staff at 760.839.4204.
- On Track camps have a different refund policy. Call On Track staff at 760.839.5483.

**Your satisfaction is guaranteed!**

Our goal is to provide you with the highest quality recreational programs. If a class doesn't meet your expectations, we want to know about it. Please contact us as soon as possible so we can improve our service.

**Requests for ADA Accommodation**

Qualified individuals with disabilities who wish to participate in Escondido Recreation programs, services, or activities and who need accommodation are invited to present their requests for accommodation to the City by filling out a Request for Accommodation Form or an Inclusion Support Form for Minors; or by calling 760.839.4643, preferably at least seventy-two hours in advance of the event or activity.



# Mail-In / Fax-In Registration Form

**FAX-IN Registration: 760.739.7020**

To receive registration confirmation, please provide a 24-hour fax number or e-mail address.

ADULT NAME (PLEASE PRINT):		PAYER NAME:	
ADDRESS:	APT.#:	CITY:	ZIP:
HOME#: ( )	WORK#: ( )	FAX#: ( )	
E-MAIL:			

ACTIVITY REGISTRATION NUMBER		ACTIVITY TITLE	PARTICIPANT'S NAME (First and Last)	BIRTHDATE	M / F	FEE
1 <sup>st</sup> Choice	2 <sup>nd</sup> Choice					
				/ /		
				/ /		
				/ /		
				/ /		

<b>SUBTOTAL</b>	
DISCOUNT	
SCHOLARSHIP	
(TYPE) CREDIT ON ACCOUNT	
<b>SUBTOTAL</b>	
OPTIONAL SCHOLARSHIP DONATION*	<b>\$1.00</b>
<b>TOTAL</b>	

**ALL MAJOR CREDIT CARDS ACCEPTED**

PRINT NAME AS IT APPEARS ON CARD: \_\_\_\_\_

CARD#: \_\_\_\_\_ EXPIRATION DATE: \_\_\_\_\_

**I HEREBY AUTHORIZE THE USE OF MY CREDIT CARD:**

SIGNATURE: \_\_\_\_\_

## PLEASE READ WAIVER AND SIGN BELOW

Each adult must sign a separate waiver. A parent/guardian must sign for their children 17 and under.

I agree to indemnify, defend, and hold harmless the City of Escondido, its officers, agents, and employees from any and all loss, damage, liability, cost, or expenses arising out of or resulting from the use of equipment or property owned by or under the control of the City of Escondido whether or not that liability, loss, or damage is caused by or arises out of any act or omissions of the City of Escondido, its officers, agents or employees.

I also understand that the City of Escondido does not carry insurance to cover participants in the activities in which I, my child, or my ward is participating. I understand there are risks associated with these activities and I assume the risk of any injuries that I, my child, or my ward may sustain during any of these activities. I forever discharge the City of Escondido, its officers, agents, and employees, from my lawsuits, damages, claims or judgments resulting from any personal injuries or property damages that I, my child, or my ward may sustain while using City property or equipment, or while participating in an activity sponsored by the City of Escondido.

I understand that the City may take photographs/videos for the use in City publications, Websites, and news releases without my written consent.

**Make checks payable to:**  
City of Escondido

**and mail with form to:**  
Community Services Department  
201 North Broadway  
Escondido, CA 92025-2798

*Enclose a self-addressed, stamped envelope for a receipt.*

**I have read the above Waiver/Release of Liability and understand it.**

Participant/Parent or Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

## Composting—Nature's Way to Recycle



Composting is the decomposition of organic material such as leaves, twigs, grass clippings, and food scraps. Composting helps to keep organic material out of our landfills and turns that material into a useful product.

Compost is the soil product that results from composting. It is great for gardens and landscaping and can save you money by not having to buy soil conditioners and fertilizer.

### Composting Can Be Easy!

Composting can be practiced in most backyards in a homemade or manufactured composting bin. Instructions for making your own backyard composting bin and vermicomposting (worm!) bin are available. See website and phone numbers at bottom of page.

### Temperature and Time

Compost piles with the right blend of greens and browns that are kept moist will heat up to a temperature of 120–160° F. This high temperature will kill most weed seeds and produce compost in two months. Compost piles that aren't maintained as well will also create usable compost, but it will take much longer.

### When is it done?

Your compost is finished when the original material has been transformed into a uniform, dark brown and crumbly product with an earthy aroma.



### Recipe For Composting

- Greens (1/3 to 1/2 of pile): Grass, clippings, green leaves, yard trimmings, and vegetable and fruit scraps.
- Browns (1/2 to 2/3 of pile): Dried grass, dried leaves, twigs, straw, sawdust, wood chips, and shredded paper or cardboard.
- Water: Your compost pile should be as damp as a wrung-out sponge.
- Air: Add air to your compost pile by turning it with a pitchfork weekly.

A compost pile should be at least 3' x 3' x 3' (one cubic yard). Stop adding material to your compost pile after it gets to optimal size and start a new pile so that your first pile can finish decomposing.

### Give it a try! Attend A Free Workshop!

The next free composting workshop is at the Escondido Community Garden (located at Centre City Parkway and Decatur Way) on Saturday, July 19, 2014 at 8:30 am.

No registration required. For details, go to [www.escondido.org](http://www.escondido.org) or call 760.839.4342.



# Celebrate Earth Day Everyday

Recycling **MORE** at Home! All Escondido residents have curbside recycling at their homes.

Aseptic packaging cartons now accepted in Escondido's curbside recycling program! Escondido residents and businesses may now include empty food and beverage cartons in their curbside co-mingled recycling containers. These aseptic containers include milk and juice cartons, coconut water boxes, soy milk cartons, soup containers, ice cream cartons, and many others. Caps and straws should be removed and cartons should be empty before placing them in the recycling bin.



- ♻️ If you live in a single-family residence, you have a large blue rolling cart for recycling.
- ♻️ If you live in a multi-family residence, you have green and gray rolling carts that you share with your neighbors for recycling.
- ♻️ Recycling in Escondido is very convenient because you can put all your recycling (except waste) in one cart. That's right—paper, cans, glass, plastic, and cardboard all go in one cart!

## Continue to Place These Items in Your Recycling Cart

- ♻️ All types of paper (no food contamination or plastic/waxy layers)
- ♻️ All plastic beverage containers #1-#7
- ♻️ All plastic jugs #1-#7
- ♻️ Aluminum cans
- ♻️ Tin & steel cans
- ♻️ Glass jars & bottles (all colors)
- ♻️ Styrofoam™

For more information, please call Recycling Staff at **760.839.4342**.

### Don't Forget!

All rigid plastics #1-#7 should be placed in your recycling cart. Please do NOT include PVC pipe, vinyl, plastic bags, or plastic sheeting.

- ♻️ Totes
- ♻️ Milk Crates
- ♻️ Laundry Baskets
- ♻️ Cat Litter Buckets (clean)
- ♻️ Garbage Cans
- ♻️ Lawn Furniture
- ♻️ Pet Carriers
- ♻️ Toys
- ♻️ Nursery Pots/Trays
- ♻️ Pallets
- ♻️ Food Containers (yogurt, etc)





# Escondido Public Library

239 South Kalmia Street, Escondido CA 92025 • 760.839.4684 • [library.escondido.org](http://library.escondido.org)

**Renew materials online or by phone: 760.738.0249**

### CITY LIBRARY

239 South Kalmia Street  
Escondido, CA 92025  
760.839.4684

#### Hours

Mon–Tue 10 am–8 pm  
Wed–Fri 10 am–6 pm  
Sat 10 am–5 pm

### ESCONDIDO TECHNOLOGY CENTER

In the East Valley Community Center

2245 East Valley Parkway  
Free computer access & WiFi  
760.839.4395

#### Hours

Mon–Thurs 12–6 pm

### LITERACY SERVICES

Improving Reading & Writing Skills  
by appointment

760.839.5440

### PIONEER ROOM

Local & Family History

247 South Kalmia Street  
Escondido, CA 92025  
760.839.4315

#### Hours

Tue–Thur 1–5 pm  
Sat 10 am–2 pm

**Volunteer Opportunities**  
760.839.4819



**¡Se Habla Español!**

### FREE PROGRAMS & SERVICES!

- Public Internet Access & WiFi
- Download FREE eBooks to your eReader, tablet, or mobile device
- Laptops available for in-Library use
- **One Book, One San Diego**  
County wide book celebration  
Call 760.839.4839 for more info
- **Book Club in A Bag**  
Everything you need to start your own book club

### JUST FOR KIDS

For more information, call 760.839.5456

- Storytimes & music for babies, toddlers, & pre-K
- Read to therapy dogs for fun & to improve reading skills  
Call to register 760.839.5456
- iPads, Laptops, and Chromebooks for in-Library Family Use

## SUMMER READING CLUB FOR ALL AGES!

June 23–August 2 • Read and attend programs. Win prizes!

For more information, call 760.839.5456

### BABIES

- Wednesday storytimes at 10:30, June 25–July 30

### TEENS

- Crafts, games, movie night, & free stuff on Wednesdays at 4 pm
- Read and earn an invite to the exclusive after-hours party!

### ADULTS

- Movie night (*We Bought a Zoo*)
- Kindle Safari & eBook classes
- 2<sup>nd</sup> Tuesday Book Club
- Rincón Literario Bilingual Book Club

### KIDS

- Tuesday crafts at 2 pm
- Thursday special events at 2 pm

### HelpNow!

Free, 24-hour online help with:

- Math, English, science, writing, foreign languages, & social studies
- Essay review
- Skill building in multiple subjects
- Practice tests
- Resume critique

Free, online live homework help

- 1–10 pm daily

**Available in Spanish**

### Friends Book Shop

Located in the Library

M, W, F, Sat 10 am–4 pm  
Tues & Thurs 10 am–6 pm

#### Book Bargains Galore!

Paperbacks • Bestsellers  
Fiction • Videos • Magazines  
Classics & Modern Classics



FRIENDS OF THE  
**Escondido Public Library**

All events are free and open to the public. Programs are sponsored by the Friends of the Escondido Public Library. Children's program space and supplies may be limited. Groups of 10 or more wishing to attend Children's programs should contact 760.839.5456 to make arrangements.



# Escondido Senior Center

**Park Avenue Community Center • 210 Park Avenue, Escondido, CA**  
**Office Hours: Monday–Friday, 8 am–3 pm • 760.839.4688**

Escondido is proud to have one of the largest and most visited senior centers in San Diego County. Located at the Park Avenue Community Center, the Escondido Senior Center works with on-site partners—Escondido Senior Enterprises, the Senior Service Council Escondido, OASIS, and Escondido Recreation to offer quality activities, programs, services, and resources for adults 50 years and up. Whether your passion is to further your skills in T'ai Chi or Line Dancing, gain knowledge, give back to your community through volunteerism, or simply enjoy a delicious hot meal and good company, the Escondido Senior Center will help seniors live with confidence and vitality.

### Park Avenue Café

Serving up a delicious, nutritious lunch, Monday–Friday, 11:30 am–12:15 pm, the Park Avenue Café is the place to chat and chew with friends! Advance reservation is required by calling 760.839.4803. Transportation services are available.

### Social Activities

Choose from a wide variety of special events and programs, bingo, indoor shuffleboard courts, pool room, singing club, exercise and dance classes to keep you physically and mentally fit.

### Lifelong Learning Opportunities

Computer classes, Enrichment Classes, Escondido Book Club, Library, AARP 55 Alive Driving Classes, Talk Tuesdays, and RSVP Volunteer Program breathe new life into learning!

### Resources and Services

Health Screenings, HICAP, Job Referral, Legal Aid, Income Tax Assistance, Taxi Voucher Program, and six various Support Groups are offered through the Senior Service Council Escondido.

For details on monthly activities, see our **Whatcha Call It Newsletter** (located at the front desk at PACC), or visit: [www.escondido.org/facilities/joslyn/index.html](http://www.escondido.org/facilities/joslyn/index.html)



### Travel

Leave the driving and arrangements up to us! Hop on a bus to many exciting travel destinations; choose from one-day trips and overnight multi-day trips. Brought you by Escondido Senior Enterprises Travel.

### Volunteer Opportunities

What you give is what you get! Give back to our community by joining our hard working team of volunteers and staff who help provide fun and meaningful experiences for Escondido seniors.

**THANK YOU!**



Located at 1356 West Valley Parkway  
 Escondido, CA 92029

A generous thank you to Mike's BBQ for sponsoring the Annual Volunteer Recognition Luncheon held April 24, 2014 at the Park Avenue Community Center, home of Escondido Senior Center.

This "Grillin' Up A Good Time" Volunteer Recognition Luncheon recognizes the 170+ volunteers who dedicate their precious time and energy to assist our senior population to live with independence, health, and vitality.



# Register for Summer Camps Now!



## Make Memories with Escondido Recreation!

Escondido Recreation offers summer classes, camps, and programs for kids of all ages! Sign up today to get involved in these exciting activities!

**On Track  
Kid's Camp**  
Ages 5-12

*Page 12*

**Teen Camp /  
Counselor in  
Training Program**  
Ages 12-15

*Page 13*

**Specialty  
Camps**  
Ages 3 & up

*Pages 14-15*

**Summer  
Aquatics**  
Ages 6 months  
& up

*Pages 17-27*

**Sports Center  
Camps**  
Ages 3-14

*Pages 35-37*

For more information call 760.839.4691 or visit [recreation.escondido.org](http://recreation.escondido.org)



Community Services Department  
City of Escondido  
201 North Broadway  
Escondido, CA 92025-2790

**Postal Customer**

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